



Official Publication of the Iowa Tribe of Oklahoma—People of the Grey Snow

1-888-336-IOWA or (405) 547-2402

Iowa Tribe of Oklahoma

335588 E 750 Rd.

Perkins, OK

74059-3268

bahkhoje.com

# Inside

- ◆ Wellness Hours Update
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- ◆ Auction Sale
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On August 7, 2015 the Iowa Tribe Recreation/Wellness Center hosted the Back-to-School Bash for the tribal youth. The fun event provided a cook-out and water inflatables for the kids before the school year began. Assisting with the event was the library whom distributed free books, and volunteers from several other departments such as the police department, where they demonstrated the dangerous effects of being under the influence. An approximate of 74 children attended, which included tribal

youth and youth from the community area. Kids were able to share and make memories with a photo booth and color run. On behalf of the Wellness Center, we would like to thank everyone who supported and took part of the event and made it memorable for the children. Thank you!



## Bah-Kho-Je Journal

The Bah-Kho-Je Journal is an official publication of the Iowa Tribe of Oklahoma.

Letters to the editor and guest columns published in the Journal are the opinions of the writers and do not necessarily reflect the opinions of the Bah-Kho-Je Journal or any elected official, administration, or department of the Iowa Tribe of Oklahoma.

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[shmiller@iowanation.org](mailto:shmiller@iowanation.org)

\*Tribal members should notify name and address changes.



### Newsletter Editor

Shayla Miller

### Editor Assistant

Casie Lester

### Tribal Officials

#### Chairman

Bobby Walkup

#### Vice-Chairman

Renee Lincoln

#### Treasurer

Judith Shores

#### Secretary

Chalis Cox

#### Council Person

Eagleboy McClellan

# Wellness Center Hours of Operation

## Iowa Tribe of Oklahoma 2015 Holidays

### Effective Immediately

**Monday – Friday**

**5 am to 8 pm**

**Saturday**

**8 am to 2 pm**

Labor Day	September 7, 2015
Native American Day	September 25, 2015
Veteran's Day	November 11, 2015
Thanksgiving Day	November 26, 2015
One-Half Day Christmas Eve	December 24, 2015
Christmas Day	December 25, 2015
New Year's Day	January 1, 2016

## Wellness Walking Club

**Anyone who wishes to participate will meet at the wellness to sign in, we will walk around the complex twice for better health and exercise. We are trying to encourage employees and tribal members to get out and stay active.**

**Starting August 10th**

### Schedule

Monday - 12:30

Wednesday - 12:30

Friday - 12:30

August 2015



August 20, 2015

Greetings Tribal Elders,

We hope this letter finds you well and would like to take this opportunity to invite you to attend a special trip to the Northern Ioway Pow Wow in White Cloud, Kansas on September 19<sup>th</sup> , and 20<sup>th</sup>. The Iowa Tribe Business Committee will be providing transportation, lodging and a per diem for the tribal member elders only. The tribal elder will be permitted to have one spouse/guest to accompany them. Lodging will consist of one room for the tribal member elder and guest to share; however, we will not be providing a per diem for your guest. The Iowa Tribe will not be responsible for any charges from the hotel other than the room and tax. The tribal elder will be responsible for any additional charges. The balance of the additional charges will be withheld from the elder's next scheduled dividend payment.

Tribal member elders residing out of state will need to provide their own transportation but we will provide lodging and per diem. The tentative schedule is as follows:

A bus will be leaving the Tribal Complex on Friday September 18, 2015 at 9:00 a.m. and will travel to White Cloud, Kansas. The bus will return to the Tribal Complex on the afternoon of Monday September 21, 2015.

If you would like to attend please contact Casie Lester at 405-547-2402. In order to have your room reserved and per diem check ready we need you to RSVP NO LATER than September 4<sup>th</sup>. To help speed up the process the day of departure, please complete the attached form and return it, in the self-addressed stamped envelope as quickly as possible.

\*We hope that you will be able to attend\*

Sincerely,

*The Iowa Tribe of Oklahoma Business Committee*

Enclosure

\*\*\*\*NO ALCOHOL OR DRUGS WILL BE PERMITTED ON THIS TRIP-ON BUS OR IN ROOM-TRIBAL MEMBER WILL FORFEIT TRANSPORTATION AND LODGING IF ALCOHOL OR DRUGS ARE USED. ALSO EVERYONE MUST FOLLOW HOTEL RULES AND REGULATIONS\*\*\*\*

**CHARGES INCURRED FOR NOT FOLLOWING HOTEL GUIDELINES WILL BE DEDUCTED FROM NEXT TRIBAL PAYMENT**

August 2015

September 19<sup>th</sup>, 20<sup>th</sup> 2015  
Iowa Tribe of Kansas & Nebraska  
White Cloud, Kansas

# IOWAY TRIBAL POW-WOW

Signs will be posted. First six drums to be paid. Vendors welcome: first come, first served - \$50 for craft; \$100 for food (entire weekend) and \$150 for both. Camping is available.

<b>Master of Ceremonies</b>	Ryan Redcorn, Osage
<b>Arena Director</b>	Rudy "Biggs" Johnson, Kickapoo/ Potawatomi
<b>Head Man</b>	Hoover Harland, Omaha
<b>Head Woman</b>	Lisa Drum, Omaha
<b>Head Gourd</b>	Tim Robinson, Omaha
<b>Host Drum</b>	Buffalo Eagle, White Cloud, Kansas
<b>Head Northern Drum</b>	Ringing Shield, Lakota
<b>Head Southern Drum Iowa Tribe Color Guard</b>	Rocking Horse, Omaha Ioway

## TENTATIVE SCHEDULE OF EVENTS

**Friday, September 18<sup>th</sup>:** Camp night, with chili and hot dogs served for dinner. Join us for a fun evening of activities, a Hand Drum Contest, Potato Dance, Two-Step, and more! Hand Drum contest winners will be rewarded. **Sunday Princess Contest.**

<b>Saturday, September 20<sup>th</sup>:</b> 8 AM--Breakfast will be available from the Pow Wow Committee 10 AM—Registration Opens 11 AM—Gourd Dancing 12 PM—Lunch Break 1 PM—Grand Entry 5 PM—Supper Break; Registration Closes 6 PM—Gourd Dancing 7 PM—Grand Entry	<b>Sunday, September 21<sup>st</sup>:</b> 10 AM—Registration Opens 10 AM—Princess Contest 11 PM—Gourd Dancing 12 PM Lunch Break Registration Closes 1 PM—Grand Entry, Closing
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Dancers must register in correct category with ID in hand. Security provided by Iowa Tribal Police.  
No pets allowed in dance arena. Not responsible for lost or stolen items.

For more info contact: Jim Rhodd (785) 595-3446 after 5 p.m. or leave a message.

This summer, the Oklahoma State Legislature passed legislation to allow individuals seeking a General Education Development or Diploma (GED) to have more than one option for taking the test. Beginning January 1, 2014, Oklahoma like many other states in the nation allowed only Pearson VUE prepared GED tests to be given/accepted for the GED. Now residents seeking to gain that high school equivalency level can choose from three options.

The *PearsonVUE* format requires students to take online practice tests (at a cost of \$6.00 each for four tests each time they take the practice test) prior to taking the GED in order to determine if the student is likely to pass the test. Once the student achieves the status of “likely to pass” he/she registers online with a designated testing center. Students preparing for the test with the Iowa Tribe take their online GED tests at Meridian Technology on Wednesday evenings from 5:30 to 9:30.

The *PearsonVUE* test demands a higher level of skills than the previous paper and pencil tests did. That being said, students can and do pass the tests. We prepare for them in a different way by concentrating on one of the four subject areas at a time according to the student’s choice. Once that subject area is passed, it remains on the transcript for the student and does not need to be retaken.

One of the new tests accepted is the *HiSet* prepared by the Educational Testing Service—not quite currently available in most Oklahoma but testing centers will likely be ready in September or October—provides a paper- or computer-delivered test format so that test takers have a choice, some of whom perhaps being more comfortable

with paper and pencil. *HiSet* test materials also require higher skill levels than the 2003 paper/pencil tests but only require one written essay while Pearson VUE requires several short answer writings in addition to the formal essay.

The third option *Test Assessing Secondary Completion (TASC)*, a combination of efforts by the McGraw-Hill Education CTB and each state, also maintains a higher level of content than the 2003 format of tests. The company claims that individuals passing their tests “must show a level of achievement that meets or surpasses approximately 40 percent of the nation’s graduating high school seniors.” At the moment, testing centers do not know when the *TASC* format will be available.

Although Oklahoma testing centers and preparation teachers appear to have less knowledge of the *TASC* than the other two formats, they welcome additional options for those people wanting a GED.

The Iowa Tribe of Perkins provides any person, sixteen years or older, desiring a GED with the opportunity to achieve that goal by enrolling in the GED prep classes offered on Monday and Thursday evenings, 5:30-8:30, at the OES Building directly behind D’Marios Pizza on HWY 33. The tribe has grant funds available that pay for the cost of preparation materials and the cost of the testing (PearsonVUE cost is approximately \$136 for all four tests; cost of other tests is currently unknown). What cost rests on the student—showing up for class each time!

**August 2015**

The GED facilitator, Kathleen Woods, assists in the learning process and encourages the spirit while the students work diligently and consistently toward their goals. Thinking about a GED? You can do it!

**For more information please contact:**

Kathleen M. Woods, Teacher  
Iowa Tribe GED Program  
405-377-0659 Home 405-612-2760 Cell  
[grakat@sbcglobal.net](mailto:grakat@sbcglobal.net)

Sandy Tharp, Librarian  
Iowa Tribe Library  
405-547-2402 ext. 213  
[stharp@iowanation.org](mailto:stharp@iowanation.org)

Chris Hill, Education Specialist  
405-547-2402 ext. 209  
[chill@iowanation.org](mailto:chill@iowanation.org)



The Iowa Tribe of Oklahoma supported by the Business Committee and a current Dollar General Grant has offered a Community GED program since January of 2010. The classes meet Monday and Thursday evening, 5:30 PM to 8:30 PM and meet at the Environmental bldg. located almost behind D'Marios and the Car Wash on Highway 33, Perkins, OK. Anyone age 16 and above is encouraged to attend the class.

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## Youth truth Project- Native PREP

**Did you know that One in four new Sexually Transmitted Infection cases occur in teenagers?**

The Iowa Tribe of Oklahoma Youth Truth project works with programs and youth in our service are to educate youth on healthy decision making through adult preparation skills and self-awareness.

Prep is a federal initiative from Administration of Children and Families. Prep stands for Personal Responsibility Education program. Our goal is to reduce adolescent pregnancy, help youth gain the skills and knowledge to transition successfully to adulthood, and make informed decisions about their reproductive health and help them to live healthy, productive, violence-free lives.

If you would like more information or know of any youth agencies or organizations that would be interested in our services, please contact **Robin Jenkins at ext. 210.**



## Iowa Tribe of Oklahoma Child Care Development Fund (CCDF) Tribal Child Care Assistance Program is now accepting applications:

The Childcare Assistance Program is funded by a Federal Grant through the Department of Human Services (DHS) and Administration for Children & Families. Because none of the funds used for this program are tribal funds there are certain requirements that must be met due to the federal regulations of the funding source.

The purpose of the Child Care Assistance Program is to increase the availability, affordability, and quality of child care services in the 3 counties of the Iowa Tribe of Oklahoma service area (Payne, Lincoln and Logan Counties). We serve Native American children under 13 years of age.

Our program permits parents to choose from a broad range of providers licensed by the State of Oklahoma. These homes and centers are monitored by the state DHS licensing workers and by the ITO Early Childhood Director to ensure standards for health, safety and quality are maintained.

### **Requirements for Application:**

Live in Payne, Lincoln or Logan Counties

All adults in the home must be working or attending school outside of the home

Child must possess a certificate of degree of Indian blood ( CDIB) card from a federally recognized tribe

Income requirements apply

**\*\*SUBMISSION OF APPLICATION DOES NOT GUARANTEE APPROVAL OF SERVICES.**

Applications can be picked up at Four Winds Child Care or at the Tribal Complex in the Early Childhood Department Administrative offices located in Eagles Nest.



# Vocational Rehabilitation Transitional Services

## Iowa Tribe of Oklahoma

▶ History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

▶ Services we can provide:

We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

▶ Qualifications:

You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in on of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.



COUNTIES served by ITOVR

KAY

NOBLE

PAWNEE

PAYNE

POTTAWATOMIE

LINCOLN

LOGAN



### **Iowa Tribe of Oklahoma Vocational Rehabilitation**

P.O. Box 728  
Perkins, OK 74059

Phone: 405-547-2402 ext 168  
Toll free: 1-888-336-4692  
Fax: 405-547-1090

E-mail: Christa Tsotaddle, Transitional Counselor  
ctsotaddle@iowanation.org



# "See the Person, Not the Disability"



# *Journey to Wellness*

IOWA TRIBE OF OKLAHOMA



**Thursday, September 24, 2015, 10:00 a.m.—3:00 p.m.**

**Wellness Walk (5K) at 9:00 a.m.**

**Chena Building \* Contact: Terrie Wright 405.547.2473**

**ACTIVITIES**

*ON SITE*

- Door Prizes Every 30 Minutes
- Mobile WIC Unit
- Health Screenings PFC
- Sooner Care Enrollment
- OBI Blood Drive
- OBI Bone Marrow Registry
- ITO Diabetic Education Program
- Native American M Power (Moving Parity Onward with Every Resource)

- Honoring Veteran Warriors Veteran
- Veteran Benefits Services
- Veteran Enrollment Services
- ITO Fire Department
- Emergency Response
- Smokey the Bear
- Behavioral Health
- Title VI

**LUNCH PROVIDED**

**FREE T-SHIRTS**

**EAGLE SHOW  
GREY SNOW  
EAGLE HOUSE**

*August 2015*

# Being a parent is one of the most challenging jobs you will face!



*Whether you are expecting or have a newborn infant or raising a curious toddler, getting the support you need can be difficult at times.*

## ***Iowa Tribe of Oklahoma offers Early Head Start!***

*Early Head Start gives you the encouragement and support you need. After all, you are the most important teacher in your child's young life.*

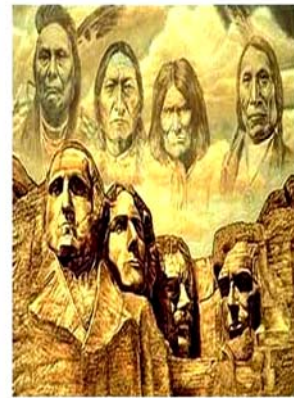
*For more information and to request an application*

*Contact Chelsea Arthur, Family and Community Partnership Manager*

*405-547-5826*

*[carthur@iowanation.org](mailto:carthur@iowanation.org)*

***\*\*\*Eligibility for Early Head Start is based primarily on family income;  
however, other child and family needs are also taken into consideration.***



## Title VI News



Please call for details:

Senior Day at the Oklahoma State Fair  
September 23, 2015

### Family Caregiver tip of the month

Caregiving can trigger a host of difficult emotions, including anger, fear, resentment, guilt, helplessness, and grief. It's important to acknowledge and accept what you're feeling, both good and bad. Don't beat yourself up over your doubts and misgivings. These feelings don't mean that you don't love your family member—they simply mean you're human.

Care Giver Program is available to Frail Elders 55 years and Older for the Iowa Tribal Jurisdiction if anyone is interested please call 405-547-5407

### Elderly Nutrition tip of the month Eat more plants

#### In other News.....




If you would like your name in our news letter for birthdays and other events please let the outreach worker know.  
Thanks!  
Natasha Hock  
Ext: 212

Your Health is very important to us. Come on down twice a month for Title VI Outreach worker to test your blood pressure and blood sugar before breakfast.

Sac & Fox Tailgate Commodities!!!!!!  
September 18st from 8:30 am to 2:30pm at the Chena Building!  
Don't forget to get there early to sign up!!

Senior Days at the casino  
Ioway casino  
September 3rd and Cimarron  
September 11 14th. Must travel with Title VI to get special no early or late arrivals.

# SEPTEMBER MENU & ACTIVITIES 2015

MONDAY	TUESDAY 	WEDNESDAY	THURSDAY 	FRIDAY
<p><b>Menu Subject to change without Notice</b></p> <hr/>	<p>1 BBQ Chicken Brown Beans Broccoli Watermelon 2 % Milk</p>	<p>2 Steam Fry Boiled Potato Asparagus Orange Flat Bread 2% Milk</p>	<p>3 Lemon Herb Tilapia On Wild Rice Pacific Blend Lemon Mousse 2% Milk <b>Sack Breakfast</b> <b>loway Casino</b> <b>leave Whitecloud</b> <b>12:30 – 3pm</b></p>	<p>4 Grilled Ham, Cheese &amp; Egg Sandwich on Whole Wheat Bread Sliced Avocados Plums 2% Milk</p>
<p>7 Iowa Offices CLOSED</p> 	<p>8 Herbed Chicken Breast Capri Blend Salad Peaches 2% Milk</p>	<p>9 Hot Turkey &amp; Swiss Baked Chips Carrots &amp; Celery Sticks Nectarine 2% Milk</p>	<p>10 Tuna Salad on Bun Pasta Salad Pineapples 2% Milk Alternate Chicken Salad <b>Sack Breakfast</b></p>	<p>11 Birds in a Nest Sausage Patties Tomato Slices Cranberry Juice 2% Milk <b>Cimarron Casino</b> <b>leave Whitecloud</b> <b>10am-1pm</b></p>
<p>14 Goulash Mixed Veggies Garlic Bread Tropical Fruit Salad 2% Milk</p>	<p>15 Chicken Quesada Refried Beans Salad Chocolate Pudding 2% Milk</p>	<p>16 Indian Taco Strawberry Shortcake 2% Milk</p>	<p>17 Shrimp Creole Brown Rice Carrots Corn Bread Cherry Cobbler 2% Milk <b>Sack Breakfast</b></p>	<p>18 Bacon Western Scrambled Hash Browns Biscuit &amp; Gravy Cranberry Juice 2% Milk <b>SAC &amp; FOX TAILGATE</b> <b>Chena Building 9am-2</b></p>
<p>21 Sloppy Johns Baked Chips Sliced Pickle, Tomatoes, Onion SF Cherry Crisp 2% Milk</p>	<p>22 Chicken Pot Pie Salad Peach Yogurt 2% Milk</p>	<p>23 <b>OK State Fair Senior Day Leave WC at 8:30 return by 5pm</b> Beef Brisket Browns Beans Potato Salad Texas Toast Cherry Crisp 2% Milk <b>Sack Breakfast</b></p>	<p>24 Iowa Tribe of OK Health Fair Chena Building 10-3pm  <b>Title VI Closed</b></p>	<p>25 Iowa Offices CLOSED</p> 
<p>28 Meat Loaf Scalloped Potatoes Winter Blend Hot Wheat Roll Banana Pudding 2% Milk</p>	<p>29 Stewed Chicken w/Vegetables &amp; Noodles 5-Bean Salad Fresh Fruit Corn Bread 2% Milk</p>	<p>30 Roast Turkey Baked Sweet Potato Green Beans Whole Wheat Roll Apple Raisin Crisp 2 % Milk</p>		

L to R

- Sandy Tharp-Thee, Library*
- Rochelle Vetter, Library*
- David Milby, Fire Department*
- Christa Tsotaddle, Voc Rehab*
- Jessica Pierce-Canaday, Tribal Assistance*
- Kendra Gonzalez, Tribal Assistance*
- Rose Malone, Voc Rehab*



Dave Milby, Interim Fire Chief gave **Fire Extinguisher training** to the Education Building personnel on August 21, 2015. The group was taught to pull, aim, squeeze, sweep, and go left to right or right to left with the extinguisher starting at the base of the fire then work up.

The 5 lb extinguisher has approximately 45 seconds of spray. The group was taught to walk backwards from the fire making a safe exit from the fire.

The class was fun – everyone was surprised at how quickly 45 seconds goes by and the amount of spray the extinguishers created. (However no one is considered a backup volunteer fireman yet!)



L to R

- Sandy Tharp-Thee, Library*
- Ron Baker, Voc Rehab*
- Christa Tsotaddle, Voc Rehab*
- Rochelle Vetter, Library*
- Jessica Pierce-Canaday, Tribal Assistance*
- Kendra Gonzalez, Tribal Assistance*
- Rose Malone, Voc Rehab*

# Maintenance Tips from the Bah-Kho-Je Housing Authority

## 5 Reasons to Change Your Heating and Air Conditioner Filters Monthly



1. **Extending the life of your HVAC unit.** The most common reason a heating and air conditioning system breaks down is because of a dirty filter. As dirt accumulates, air can't pass, or worse, the system overheats. The motor then has to work harder. In a best-case scenario, your unit will need to be repaired. In the worst case, if your unit is older, not replacing filters could put it over the edge and require you to buy a new one.
2. **Keeping energy costs down.** When that clogged air filter is working harder, more energy is being used. And when it requires more energy to make your heating and air conditioning to work, it causes your energy bill to skyrocket. The Department of Energy says the average household spends about \$2,200 a year on its energy bill. When you consistently change your air filter, you can save from 5 to 15 percent on your utility costs.
3. **Maintaining healthy air quality.** This is particularly important if anyone in your family suffers from allergies or asthma. Dirty air filters worsen the air quality and can exacerbate symptoms. If you have pets, it's even more important because pet dander will accumulate in the system and then spread allergens throughout the household. It's an easy fix to replace your filter and prevent air quality from deteriorating.
4. **Keeping your heating and cooling system clean.** Dirt clogged up in the filter can lead to polluting the entire HVAC system. That means extra repairs, service and parts that you hadn't budgeted for or were planning on.
5. **A clean peace of mind.** Replacing your filter is an easy, inexpensive step to take to save money, extend the life of your system and improve your indoor air quality. It also decreases the amount of energy your family uses.

**If you have housing questions or need assistance please contact:**

**Renee Hagler, Housing Director (405) 547-2402 Ext. 232**

**335588 E. 750 Rd.**

**Perkins, Ok 74059**

August 2015

# Social Media and Safety

Social Media has quickly become the *de facto* way of sharing pictures, updates, and more. While this is a great means of sharing information with your friends and family, it can also be dangerous. However, with a little effort, you can avoid these pitfalls while using Facebook, Twitter, and more. Here are some tips to help you and your family stay safe while on the Internet!

1. ***Be careful about what kind of information you post about your kids.*** Someone who knows that your child has a specific walking path home or a special routine can easily keep track of them as well as you can.
2. ***Post those family vacation photos AFTER you're back from vacation.*** Criminals are looking for any reason to find an easy target to break into. If they know you're not home, then you become easier prey for them
3. ***Use a password manager for your accounts.*** Password managers are encrypted databases that you store your information in. You put all your passwords and accounts in the database, and you only have to remember ONE strong password, NOT SEVERAL. KeePass is a great password manager, as well as LastPass.
4. ***Use different passwords for each account.*** This is especially important for any banking or shopping websites (think Amazon.com or Ebay). KeePass can actually generate strong passwords for you to use and keep them in the encrypted database. If someone compromises one of your accounts, and you're using the same username and/or password for your banking/shopping accounts online, they can have access to those accounts too.
5. ***Turn on your privacy settings on Facebook.*** Allow ONLY people you know personally to see what you're posting, especially with information about your kids.

There are many other ways to stay safe online and still have fun and share pics and other updates with your friends and family. For more information about steering clear of danger on Social Media and other computer security tips you can follow at home, please visit "Securing the Human" – <http://www.securingthehuman.org/ouch>

August 2015

## Gathering Hope

Ih t(d)eh Geh kho doh heh  
[Hope] [Gathering]

On behalf of the Iowá Tribe of Oklahoma, the Library offers after school homework help from 3:30 to 5:30 each day. Space is limited, parents/guardians must register their children age five and up, sign required forms. The program is not a daycare, the goal is to improve educational performance while also instilling traditional Iowá Cultural values in youth. The program follows the school calendar and provides consistent and structured afterschool programming during the week, including fall, winter, spring and summer break. This program is supported by the Iowá Business Committee and an Institute of Library and Museum Native American Enhancement Grant. For additional information please contact: Sandy Tharp or Rochelle Vetter at the Iowá Tribe Library 405-547-2402 ext 213



**GATHERING HOPE SUMMER CAMP**



August 2015

# NATIVE AMERICAN HERITAGE DAY

September 12, 2015 / 2:00pm - 7:00pm

Downtown on Broadway

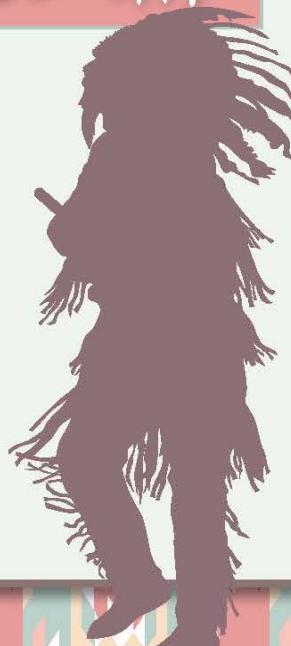
CUSHING, OK

DOWNTOWN CUSHING REVITALIZATION ASSOCIATION

*The goal of this event is to bridge communities and to teach the native culture through story telling, dancing and drums. This is a great opportunity to bring the community to our historic downtown and have fun while learning.*

Booth Rentals for Vendors is \$20

Contact Valerie Branyan - Call or Text 918-509-0140  
or Email: [mbduff@suddenlink.net](mailto:mbduff@suddenlink.net)



**Newkirk sophomore, Keenan Barnes & the Newkirk High school band have been selected to play in the 2015 Chick-Fil-A Peach Bowl in Atlanta, Georgia! Keenan is the percussion leader and drum line captain. We as parents, Kelly & Desiree Bickford & nana, Judy Barnes are very proud of him & the band. Needless to say they will be very busy with fundraising projects, so more news to come.**

**Thank you.**

# NATIVE AMERICAN M-POWER PROGRAM



TRAINING PRESENTATION  
INFORMATION ON THE

## I-800-QUIT NOW

For more information you may contact

**Mary G. Bighorse**

mgbighorse@osagenation-nsn.gov office number 918-287-5245.

We provide technical assistance to Tribal Nations on Tobacco abuses in Native communities

 Free help	Oklahoma Tobacco Helpline	
	<b>1 800</b>	<b>QUIT NOW</b>
	<b>784-8669</b>	<b>OKhelpline.com</b>



### Wah-Zha-Zhi Cultural Center Craft Extravaganza

December 5, 2015; 10-4pm

Wah-Zha-Zhi Cultural Center, 1449 Main Street,  
Pawhuska, OK 74056

To secure a booth or for additional information contact Renee Harris at  
918-287-5538.

Discover the Wah-Zha-Zhi Cultural Center's premier craft event, designed for Christmas gift shopping and the discerning collector.

# 24th Annual Comanche Nation Fair

## September 25th, 26th & 27th, 2015

COMANCHE NATION COMPLEX  
LAWTON, OK

COMANCHE TRIBAL PRINCESS; KELSEY CODYNAH  
COMANCHE JUNIOR PRINCESS; TRISTEN WAUQUA

### 2015 HEAD STAFF

MC'S

HAMMOND MOTAH  
EDMOND NEVAQUAYA

HEAD SINGER

BERKY MONOESSY

HEAD GOULD MAN DANCER

PATTERSON TAHDOAHNIPPAH

HEAD WAR DANCER

CHOSEN NIGHTLY

HEAD LADY DANCER

CHOSEN NIGHTLY

HOST DRUM

WILD BAND OF COMANCHE'S

VISITING DRUM GROUP

NORTHERN CREE FROM CANADA

VISITING DRUM GROUP

PRAIRIE ISLAND FROM MINNESOTA

ARENA DIRECTORS

TRAVIS CODYNAH AND R.G. HARRIS

RAFFLE COORDINATOR

CHERYL PEWEWARDY

CONTEST COORDINATOR

DIANA DOYEBI

POW-WOW COORDINATOR

ANTHONY MONOESSY

# "NUMUNU 24/7"

### -EVENTS-

ART SHOW, BULL RIDING, CARNIVAL, CHILDREN'S ACTIVITIES, COMANCHE NATION TRIBAL PRINCESS ELECTION, CO-ED SOFTBALL TOURNAMENT, FUN RUN, GOLF TOURNAMENT, GAMING TOURNAMENT EVENT, HAND GAME, HORSE SHOE TOURNAMENT, HOT DOG FEED, HYMN SINGING NIGHT, PARADE, RATIONS, SPIRIT WALK/CEDAR CEREMONY, SUNDAY CHURCH SERVICE, MUSIC FESTIVAL, 3 ON 3 BASKETBALL COMPETITION, WARRIOR BIKE RIDE AND WARRIOR SPIRIT RUN, AND MUCH MUCH MORE!!!

GENERAL INFORMATION CALL (580) 492-3384



*August 2015*



*Bahkhoje.com*

*1-888-336-IOWA or (405) 547-2402*



**Like us on Facebook @**

**Iowa Tribe of Oklahoma, Iowa  
Tribe Wellness Center, Grey  
Snow Eagle House, Cimarron Casi-  
no, & Ioway Casino**

PLEASE CHECK THE CALENDAR OF  
EVENTS LOCATED ON OUR TRIBAL  
WEBSITE TO STAY UPDATED ON UP-  
COMING EVENTS.



**Subscribe to us on  
YouTube @ Iowa Tribe**

**THE DEADLINE FOR SUB-  
MISSIONS TO THE IOWA  
TRIBAL NEWSLETTER WILL  
NOW BE THE 20TH OF  
EACH MONTH.**

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