



Flying Fortune

Every Thursday in September
7 to 11 pm

Your Chance to Win a Fortune!

One lucky Guest will be picked every half hour to enter our money cube to win all of the cash they can grab or they can trade it in for 150% of that amount in Free Play!

CIMARRON CASINO

821 W. FREEMAN AVE • PERKINS, OK 74059
405-547-5352 • CIMARRONCASINO.COM

SEE CLUB BOOTH FOR RULES AND REGULATIONS. MANAGEMENT RESERVES ALL RIGHTS. MUST BE AT LEAST 21 YEARS OF AGE. THE IOWA TRIBE OF OKLAHOMA INVITES YOU TO PLAY RESPONSIBLY. IF YOU THINK YOU HAVE A GAMBLING PROBLEM CALL 800-522-4700.

Club 55



Every Wednesday in September
8 am to 5 pm

Enjoy the Perks of Club 55!

All Champions Player's Club members age 55+ that play \$5, get \$5 in Match Play.* Plus, five lucky members will win \$55 FREE PLAY in our random drawings from 8 am to 5 pm.

CIMARRON CASINO

821 W. FREEMAN AVE • PERKINS, OK 74059 • 405-547-5352 • CIMARRONCASINO.COM

*\$5 \$5 IN MATCH PLAY WILL BE UPLOADED TO YOUR CARD WITHIN 10 MINUTES. SEE CLUB BOOTH FOR RULES AND REGULATIONS. MANAGEMENT RESERVES ALL RIGHTS. THE IOWA TRIBE OF OKLAHOMA INVITES YOU TO PLAY RESPONSIBLY. IF YOU THINK YOU HAVE A GAMBLING PROBLEM CALL 800-522-4700.

The BAH-KHO-JE Journal
Rt. 1 Box 721
Perkins, OK 74059



BAH-KHO-JE JOURNAL

The Official Journal of the
Iowa Tribe of Oklahoma

Page 1 Iowa Tribe of Oklahoma, Rt. 1 Box 721, Perkins, Oklahoma 74059 All Contents Copyrighted
SEPT. 2010

2010 AARP Oklahoma Indian Elder Honors

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Pictured to the Left: Joyce Miller-Brown at 2010 Ioway PowWow



Joyce Big Soldier Miller-Brown was nominated for contribution to her Tribe & Community as an Outstanding Elder. This includes cultural preservation efforts,

community service, arts & leadership. She will be recognized August 30th, 2010 at the Cowboy Hall of Fame in Oklahoma City, OK.



Congratulations!

Right: Joyce Miller-Brown with granddaughter Shayla Scott Miller



IOWA TRIBE AT PAWNEE PARADE

The Iowa Tribe's Equine Program, *Horse Nation*, brought six horses to the Pawnee Bill Parade in Pawnee on August 6th. The 2010 Iowa Tribal Princess, Shayla Miller rode in her tribal regalia and was accompanied by Ken McClellan, Equine Manager. The horses performed well and were not distracted by gunshots or the braying mules that followed them in the parade. The Iowa and Pawnee were the only tribal entries in the parade.

Smokey the Bear Day



On August 9th, Smokey the Bear celebrated his birthday by teaching fire safety to kids at the Four Winds Child Care. Smokey (Dylan Prince) was accompanied by Jeff Bayhille from the Fire Department and



Vickie Kujawa from OES. Smokey brought coloring and comic books for all of the students, and posed for pictures with all of the kids that were not afraid of bears.

Reviving the Sweat Lodge Ceremony

Recently, several members of the OES Department have been making efforts to bringing back the sweat lodge ceremony to the Ioway Chena Powwow grounds

Their hard work is beginning to pay off, already they have gathered up all of the materials needed to build the sweat lodge.

In Native culture, the sweat lodge ceremony is used as a way of purification. The sweat ceremony is very sacred and an important part of our way of liv-

ing. The OES Department expects that within the next month, sweats will be performed on a regular basis and anybody is welcome to join.



Thank You Tracy

The Social Services Department would like to publicly thank Tribal member and Human Resources Department staff member Tracy Fuller for her recent assistance. Tracy kindly donated her time and talents to provide free back-to-school haircuts for area children.

We know this made a big difference for the children who were able to start school with new hair cuts and to their parents who were able to save some hard-earned money.

Thank you Tracy for your kind assistance. We know it was greatly appreciated by the families.



The Social Services Department of the
Iowa Tribe of Oklahoma

Presents this

Certificate of Appreciation

To

Tracy Fuller

For donating her time and talents to provide free
back-to-school haircuts to area children

Thank You Very Much

Bernice Armstrong, Social Services



During the August Birthday & Caregiver training Title VI had over 40 elders attend. They enjoyed Ribs & Catfish with all the trimmings. We would like to say Happy Birthday to Louise Smith, Sammy Snake & John Tanner. We also had Palmer Marler Funeral Home here to educate the elders on Pre-Planning, they also had a \$50.00 Savings Bond Drawing and the winner was Lydia Myers.



NATIONAL TRIBAL ENVIRONMENTAL SCIENCE FORUM

Members of the environmental department; Vickie Kujawa (OES Director), Victor Roubidoux (Aviary Manager), Whitney Warrior (Water Quality Program Manager), and Megan Trope (Aviary Assistant); attended the National Tribal Environmental Science Forum in Traverse City, Michigan on June 7-11. This year's conference was themed "Mother Earth: Indigenous Knowledge and Science to Promote Positive Change." Tribes from across the country gathered to discuss this theme. Topics included continuous tracks of classes that covered air, water, land, and people. At the conference, a booth was set up for four days displaying all of the Office of Environmental Services programs including agriculture, the aviary, waste management, water quality, and air quality. The booth was set-up to educate other tribes about how to start and run individual environmental programs as well as to show all the programs currently being run at the Iowa Tribe. Videos and brochures were made available to the public for further information on each program. Members of OES attended the classes to learn new procedures and regulations. In addition, Vickie Kujawa made a presentation about permitting aquatic pesticides.

EAGLE RESCUED BY IOWA TRIBE



The Grey Snow Eagle Sanctuary responded to an eagle in distress call today. Victor Roubidoux, Aviary Manager, led the aviary staff accompanied by Council Person, Renee Prince, and Environmental Director, Vickie Kujawa across the Arkansas River near Ponca City to rescue a wounded bald eagle. The immature eagle was staying in a dead tree on the river bank near a campground where it was found by Betsy Stewart. Mrs. Stewart con-

tacted several agencies seeking help for the bird before she located the Grey Snow Eagle House. Victor examined the eagle and found that the tips of both wings were missing flight feathers leaving the eagle incapable of flight. Mrs. Stewart observed a pair of mature bald eagles, probably parents of the injured bird, bringing food to the eagle. The eagle will be taken to a veterinarian tomorrow for a complete examination.



From the Office of Environmental Services

Water Pollution Control Program

Hello, to all Tribal members and non-members. The Water Pollution Control Program has finished out its third quarter (May-July) for the grant year. Every quarter I will be updating you, as a whole on the status of the program. May, June and July's sampling tests revealed a high quantity of bacteria. This limit is contributed by the change in weather, rise in temperature and movement of streams. The heavy rains have caused more creek bed erosion and high volumes of turbidity for all creeks sampled by OES. A few creeks have taken bigger hits than others but they all seem to be recovering from the destruction. The new bridge in Fallis has finally been completed. Although the construction degraded the water quality and depths have changed considerably, Bear creek seems to be recovering beautifully. Due to the high volume of bacteria in the creeks, it would be wise to refrain from body contact or recreational activities until further notice. Fish samples were taken from Sand Creek to fulfill grant requirements and these samples will let us know where our streams stand on support of life and quantity of life. OES will preserve the specimen and take them to Shoup Laboratories located at the Oklahoma State University camps for identification and counting. The 4th quarter sampling will begin August 4, 2010. Creeks assessments will be conducted in the 4th quarter to complete a segment of the Water Pollution Control Grant. WPC has a full schedule planned for the 4th quarter and will update the community on the results at the end of that quarter.

OES will also be contributing labor efforts the restoring the Conservation Area and Nature Center. We will accept any volunteer work for the labor that it take to perfect these areas. Once restored, these areas can provide better grounds for education, community involvement and development. We plan to use the areas for Tribal Youth Education, Migratory Bird watching and observations, and recreational opportunities for all the Tribal community (i.e. Fishing, trail hiking, bike riding, picnics, and buffalo and eagle watching). We plan to put our best effort into developing this for the Tribal community and again would love the support and volunteer work from any one. It's your land help us keep it GRAND!

We are still continuing work on a Non-Point Source grant to help with the degradation of our streams. Trainings plus time and effort are essential to getting a grant of this type, but overall this would open up possible jobs for tribal members in the environmental field. We are excited about learning more and doing the proper actions in applying for the NPS grant. Once we have completed all the requirements the Water Pollution Control program will be a stronger asset to the Tribe as well as its members and staff. If there is anyone interested in volunteering a day sampling or learning more about the program feel free to call and be included in what we love doing on a daily basis.



If you have any questions, comments, concerns about our project and/or knowledge of cultural or ceremonial waters please feel free to contact Whitney Warrior, Water Pollution Control Manager at the Office of Environmental Services 405-547-5433 x351 wwarrior@iowanation.org (all contact information will remain confidential)

Water Pollution Control Program

The WPC Program conducted the annual Tribal Youth Out Reach section of the grant 106 on July 22, 2010 at the Eagle's nest and Conservation area. The children were taking to the Conservation Area to learn about wildlife and plants within a Wetland. Each student was given a book and asked animals that the They were also objects they things the trip to the Conservation Area we returned to TYP for a more education lesson. Each child was given a canvas and paints or chalk so that they could use there imagination on what they could remember from seeing the Wetland or what they feel a Wetland should look like. Each child along with staff painted pictures that they were allowed to keep for themselves. All of the art work turned out more wonderful the more the student got into the project. The main idea was to incorporate a sense of preservation, observation and excitement about the environment. If we can instill these into our Tribal youth they will indefinitely be more inclined to want to change the world and keep our lands and water beautiful for the next generations.



given a student work to draw plants and they encountered at Conservation Area. asked to describe the were drawing as those fascinated them. After



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Would like to invite you to be a part of our Expectant Families Program

Join us for monthly visits, monthly group meetings, educational information concerning your health, fetal development, labor and delivery, breastfeeding, parenting, mental health and much more!

At your home or in our office located at:
3524 W. 76th Rd.
Perkins, OK 74059.

For questions please contact:
Diana Cates 405-547-4261
Dcates@iowanation.org



The Iowa Tribe of Oklahoma and the Perkins Family Clinic Welcome New Staff.

The Perkins Family Clinic is proud to announce the addition of Raschelle Richardson, Nurse Practitioner and Courtney Barrett, Dentist to our staff. By expanding our staff at Perkins Family Clinic, we are able to offer you and your family a variety of health-care needs such as medical, dental and chiropractic. Our clinic is growing and we are working hard to identify and meet the needs of those in and around the Perkins community. Raschelle joins the team of Jennifer Roberts, Nurse Practitioner and David Reinecke, M.D., Internal Medicine, in taking care of your primary health-care needs Monday-Friday. The clinic also offers a daily walk-in clinic from 1-3 for any acute care needs and there are plans to expand these hours in the near future. Both Jennifer and Raschelle received their degrees from the University of Okla-

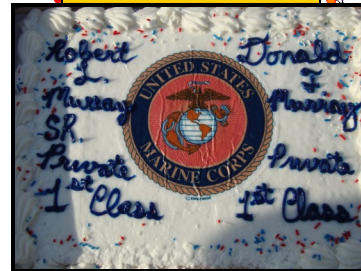
homa. Dr. David Reinecke came to the Perkins Family Clinic in December of 2008 after having a successful internal medicine practice in Cushing for many years. Dr. Courtney Barrett, dentist, joins Andrea Baldrige, dental hygienist, in our dental clinic. Both Dr. Barrett and Andrea come to us from the University of Oklahoma College of Dentistry. In addition to having medical and dental services, Dr. William Lane, D.C. is here for chiropractic care Monday – Friday. The Perkins Family Clinic also staffs a full time Counselor and diabetic clinic along with our Community Health Representative program and Public Health Nurse. Numerous staff members work throughout the Perkins community by teaching CPR/First Aid/AED, Blood Borne Pathogen classes and training staff on caring for

those with Diabetes in the school system. This team-based approach to managing the health of those in our community is just one initiative of the Perkins Family Clinic that puts the patient first. We feel that we have assembled a team of individuals who work well together and bring unique and valuable skills and experience to the community. The Iowa Tribe of Oklahoma – Perkins Family Clinic is open to the entire community, serving both the Native and Non-Native population. If you are interested in taking a tour of our facility or would like information on the services that are offered, please call our office at (405) 547-2473. The Iowa Tribe of Oklahoma - Perkins Family Clinic will celebrate ten years in the Perkins community in October of this year.

IN LOVING MEMEORY
OF
ROBERT MURRAY SR.
&
DONALD FRANK MURRAY

WE WOULD LIKE TO THANK THE
POW-WOW COMMITTEE FOR
ASKING GRANT AND I TO FLY
OUR FAMILY FLAGS. IT WAS A
GREAT TURN OUT FOR OUR
FRANKLIN & MURRAY FAMILY.

WE WOULD ALSO LIKE TO
THANK THE IOWA TRIBAL
POLICE DEPARTMENT FOR
THEIR TENT/CAMP.



HAPPY
11TH
BIRTHDAY
DANIEL & DEREK
FRANKLIN

SEPTEMBER 21, 2010

WE LOVE YOU, MOM & DAD
AND MISSY, TOSHA, HARVEY,
BABY JADEN, AND JOSE



Iowa Tribe of Oklahoma Title VI Menu		SEPTEMBER 2010			Thursday Fish Day	Dieticians Approval
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		1 Pork-n-Hominy Boiled Potato California Blend Sherry's Fry Bread Banana Milk	2 Tuna Casserole Broccoli Garden Salad Fruit Cocktail Milk	3 Ham-n-Cheese Omelet salsa Biscuit / Gravy Pink Grapefruit Sections Milk		
6 LABOR DAY TRIBAL OFFICES CLOSED	7 Steak Fingers Mashed Potatoes w/ Gravy Imperial Summer Blend Wheat Bread Tropical Fruit Salad Milk	8 Turkey Enchiladas Mexicali Blend Garden Salad Hot SF Peach Crisp Milk	9 Salmon Cakes Coleslaw w/ Raisins Macaroni Salad Pineapple Chunks Orange Fluff Milk	10 Cream of Wheat Boiled Egg Wheat Toast Apricots Milk		
13 Chicken Pot Pie w/Broccoli & Mixed Veggies Garden Salad SF Apple Crisp Milk	14 Soft Turkey Taco w/ Let, Tom, Onion, Sour Cream, Guacamole & Chips Black Beans SF Fruit Cocktail Salad Milk	15 Steam Fry Potato Salad Garden Salad Sherry's Fry Bread Watermelon Milk	16 Baked Catfish Broccoli Salad Mac-n-Cheese Cantaloupe SF Choc Pudding Milk	17 Bacon Scrambled Eggs Wheat Toast Salsa Orange Juice / Milk September Birthday & Caregiver Education Luncheon 11:30 to 1:30		
20 Smothered Pork Chops w/ Mushroom Gravy Rice Carrot Coins Wheat Bread Strawberry Fluff Milk	21 Salisbury Steak Mashed Potatoes w/ Gravy California Blend Roll SF Jell-O w/ Mandarin Oranges Milk	22 Chef Salad W/ Let, Tom, Ham, Boiled Egg Cottage Cheese Cold Peas Wheat Crackers Fruit Cup Milk	23 Baked Tilapia Key Largo Garden Salad Wheat Bread SF Peach Crisp Milk	24 Sausage, Egg, & Cheese Biscuit Fresh Apple Grape Juice Milk		
27 Cold Turkey Wheat Subs w/ lettuce, tomatoes, onions Baked Lays Chips Low Fat Cottage Cheese Pineapple Chunks Milk	28 Spaghetti w/Meat Sauce Capri Vegetables Garden Salad Garlic Toast SF Vanilla Pudding Milk	29 Hamburgers w/ Cheese Let, Tom, Onion, Pickles French Fries Fresh Strawberries SF Jello Milk	30 Fish Sticks Seasoned Green Beans Creamed Corn Garden Salad SF Banana Pudding Milk	Menu Subject to Change without Notice		

Iowa Tribe Wild Land Fire Fighters
are hosting

Pac Test

at the Iowa Tribe Public Safety Office

September 22nd, 2010

9:00 a.m.

Health screen questionnaires need to be completed by
sept. 14, 2010

pick up your health screen questionnaire at the
Iowa tribe of Oklahoma police department (dispatch)

contact jeff bayhille 405-547-5355

Equal Employment—Opportunity Statement

The Iowa Tribe of Oklahoma does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability status in employment. However, individuals of Indian ancestry and Veterans will be given preference by law in initial employment or re-employment. jobs@iowanation.org
<http://www.iowanation.org>

ADMINISTRATIONEMAIL TO JOBS@IOWANATION.ORG**DAYCARE**TODDLER TEACHER
INFANT/TODDLER FLOATER**HEALTH**

NOT ACCEPTING APPLICATIONS AT THIS TIME

GovernmentREALTY MANAGER
ASSISTANT COOK
DISPATCHER/JAILER (open continually)
POLICE OFFICER
COMPLIANCE OFFICER
ADMIN. ASST./REALTY PROBATE CLERK**Cimarron Casino**CASHIER SERVICE REPRESENTATIVE
FOOD & BEVERAGE SUPERVISOR**Gaming Commission**EXECUTIVE DIRECTOR
SURVEILLANCE OFFICER—PT

The Iowa Tribe of Oklahoma will hold a job fair on Friday September 17, 2010 at Cimarron Casino located at 821 W. Freeman Perkins, OK. Applications will be taken from 9:00am until 1:00pm for positions at all Iowa Tribe Operations. Representatives from the Cimarron Casino and Iowa Tribal Government will be onsite to discuss available positions, benefits, and training opportunities. For more information, or to review available jobs, visit www.iowanation.org or call (405) 547-5352 or (405) 547-2402. The Cimarron Casino is located 10 miles south of Stillwater, near the junction of highway 177 and 33.

The Iowa Tribe has a contract with the Department of Rehabilitation Services (DRS) for getting individuals to work. The Iowa Tribe will provide on-the-job training to participants with a disability for up to a 90 day period through this program offered by the DRS through stimulus funds. Native Americans with disabilities are encouraged to coordinate employment through the Iowa Tribe of Oklahoma's Vocational Rehabilitation program. To apply for the OJT program through the DRS use the application provided on Iowanation.org in the "Job Postings" section.

ELIGIBILITY: Services are offered with the goal of self-sufficiency. All programs administered by Employment & Training target the economically disadvantaged, unemployed, or under-employed Native American Indian. An application process is

required. Receipt of any assistance is dependent on an unmet need basis, meeting specific program requirements, and availability of funding. Not all services are of a financial nature. **CITIZEN POTAWATOMI NATION** has integrated employment,

training, and related services through Public Law 102-477 to serve the Indian population in central Oklahoma. Under P. L. 102-477, Employment & Training combines funding from Department of Labor (DOL), Bureau of Indian Affairs (BIA), and Health & Human Services (HHS). Although no additional Federal dol-

lars are associated with this law, it does allow and encourage combining of resources that has resulted in lowered administrative costs and more dollars reaching participants and more served.

Four Winds Child Care



- 7:00 a.m.-6:00 p.m.
- Early Head Start 9:00 a.m.-3:00 p.m.
- Children from birth to 3 years of age
- Infant & Toddlers with special needs are welcome
- No application fee
- High Reach Curriculum and Baby Signing Time
- Surveillance cameras are onsite
- Security door lock entry
- DHS title XX assistance accepted
- Diapers, wipes, formula and baby food is provided
- We provide breakfast, lunch and a snack

Iowa Tribe of Oklahoma Early Head Start

- 3524 W. 76th Rd. • R.R. 1, Box 721
- Perkins, OK 74059

For application and information contact:

Diana Cates, ERSEA
Phone: 405-547-4261
Fax: 405-547-1105

CALL TODAY!

UPCOMING POWWOWSSeptember 9th, 2010Southern Plains Child Protection
Team Benefit PowwowWhere: Comanche Community Center
Julia Mahseet Rd. & Hwy 281 Apache,
OK 73006When: 5-10pm For more information
contact Summer Morgan at (580) 654-
2349 or email: smor-gan@kiowatribe.netOctober 2nd, 2010

OSU 2010 Fall Contest Powwow

Where: Payne County Expo Center
4518 Expo Cr. E. Stillwater, OK 74075When: Saturday October 2nd, 2010
12pm-11pm contact Robin Williams at
(405) 747-0401 or email:robin.starr.williams@okstate.edu for
more information

Comanche Little Ponies

Princess Pow WowSaturday, September 18, 2010
Comanche Nation Complex ~ Watchetaker Hall
All Gourd Dance Program

The Pow Wow is Free and Open to the Public

*Special Invitation to All Tribal and Organization Princesses***HONOREE**Chelsea Lynn Sapcut
2007-10' Princess**INTRODUCING**Angelica Blackstar
2010-11' Princess**HEADSTAFF**Master Of Ceremonies ~ Eddie Mahseet
Head Singer ~ Jason Lightfoot
Head Gourd Dancer ~ Russell Cozad, Jr.
Head Lady Dancer ~ Larissa Whitewolf
Head Boy Dancer ~ Christian Mejia
Head Girl Dancer ~ Maggie Birch
Arena Director ~ Travis Codynah**PROGRAM**1:00 pm Cedar Ceremony
1:30 pm Gourd Dance & Specials
5:00 pm Supper Break
6:00 pm Round Dance
7:00 pm Honor Song for Chelsea Sapcut
8:00 pm Crowning of New Incoming Princess
10:00 pm Host Organization Special

All singers and dancers are Welcome. Vendor space available. Vendor Fee is \$20.00 (cash only). Vendors may contact Margaret Tonemah at (405) 574-5846 or via email at margaret.tonemah@att.net. For general pow wow information, please contact Lowell Hibbs at (580) 583-5279 or via email at lowellhibbs@yahoo.com. Please follow the Little Ponies on www.myspace.com/comanchelittleponies.

SECURITY on Premises ~ NO Alcohol Permitted ~ Not Responsible for Accidents or Injuries

ATTENTION TRIBAL MEMBERS:

IF YOUR ADDRESS HAS CHANGED OR YOU WOULD LIKE TO HAVE YOUR NEWSLETTER SENT TO AN ADDRESS OTHER THAN WHAT WE HAVE ON RECORD PLEASE CONTACT (405)547-2402 KEVIN ELLIS EXT.257 E-MAIL KELLIS@IOWANATION.ORG or MYSELF AT EXT.301 E-MAIL AWAHKINNEY@IOWANATION.ORG

IOWA TRIBE OF OKLAHOMA

Mailing Address:
RR 1 Box 721, Perkins, OK
74059Fax: (405)547-1092
Phone(405)547-2402<http://www.iowanation.org>**Tribal Officers
Chairman**

Janice Rowe-Kurak

Vice-Chairman

Perri Ahhaitty

Treasurer

Lisa Yellowfish

Secretary

Leslie Tanyan

Council Person

Renee

Lincoln Prince