



BAH KHO-JE JOURNAL

Official Publication of the Iowa Tribe of Oklahoma—People of the Grey Snow

1-888-336-IOWA or (405) 547-2402

INSIDE

- Updates
- Title IV
March Menu
- Princess
Pageant
- Voc. Rehab
- Event Photos

Iowa Tribe of Oklahoma - Tribal Assistance Program

335588 E 750 Rd
 Perkins, OK 74059
 (405) 547-2402
 (405) 547-1021 fax
 March 17th, 2016

Please note: the following increases have been approved for the Tribal Assistance Program, effective immediately: you may contact tribal offices for amounts.

Household Assistance

Elder Assistance

School Expense Assistance

High School Senior Assistance

Education Incentive

8th grade
 12th grade
 GED Completion
 Vocational training

Burial Assistance

All other categories remain the same. The Tribal Assistance Program Policy and Procedure has been updated. Please take a moment to read over the full policy and contact Kendra Pope if you have any questions. Please note that the cutoff time for processing and receiving applications is now Thursday at 5:00 PM. All applications received after 5:00 PM on Thursday will be processed the following week.

Regards,
 Kendra Pope, ext. 260
 Director,
 Tribal Assistance Program

KPope@iowanation.org

<http://bahkhoje.com/native-services/tribal-assistance-program/>



Bah-Kho-Je Journal

The Bah-Kho-Je Journal is an official publication of the Iowa Tribe of Oklahoma.

Letters to the editor and guest columns published in the Journal are the opinions of the writers and do not necessarily reflect the opinions of the Bah-Kho-Je Journal or any elected official, administration, or department of the Iowa Tribe of Oklahoma.

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shmiller@iowanation.org

*Tribal members should notify name and address changes.

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Bobby Walkup

Vice-Chairman

Renee Lincoln

Treasurer

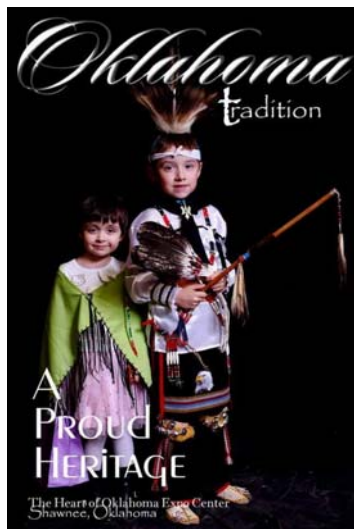
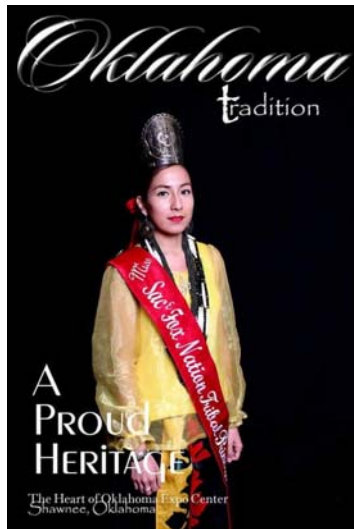
Judith Shores

Secretary

Chalis Cox

Council Person

Eagleboy McClellan



Indian Oklahoma City

Princess Dance

February 27, 2016


Tribal Member Alexis Tanyan proudly served as the 2015-2016 Miss Indian Oklahoma City. She has also served as the Little Miss, Jr. Miss, and Miss Iowa Tribal princesses.

We would like to say good job to her and her many accomplishments!

In attendance was tribal member, Kaylon Wood, who also serves as Miss Sac & Fox Nation, and is a former Jr. Miss Indian Oklahoma City Princess.

Bottom Photo Tribal Members Jacob Lopez-BigSoldier and his little sister came to support the dance and princesses.

APRIL 2016 MENU & ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Rape Awareness Month 	APRIL SHOWERS BRING MAY FLOWERS	<ul style="list-style-type: none"> The Titanic sank on April 15, 1912 HOMEBOUND SACKS ON THURSDAY'S		1 FRENCH TOAST SAUSAGE LINKS SLICED TOMATOES GRAPE JUICE 2% MILK APRIL FOOLS DAY
4 BEEF BRISKET BBQ Sauce on the side W/ ONIONS & PICKLES BLACK EYED PEAS POTATO SALAD CHERRY COBBLER 2% MILK	5 CHICKEN POT PIE SALAD TROPICAL FRUIT 2% MILK	6 CRISPY OVEN BAKED PORK CHOPS SCALLOPED POTATOES CARROT & RAISIN SALAD PEACHES 2% MILK Homebound 2 sacks	7 SEASONED TILIPIA WILD RICE VEGATABLE BLEND COCONUT CREAM PIE 2%MILK IOWAY CASINO DAY 10AM-1PM NO SPCEIALS BEFORE OR AFTER	8 BUTTER TART STRATA BACON CRANBERRY JUICE 2% MILK
11 GOULASH MIXED VEGGIES GARLIC BREAD APPLE CRISP 2 % MILK	12 OVEN BAKED CHICKEN NUGGETS PACIFIC RIM BLEND CRINKLE CUT FRIES CITRUS FRUIT BOWL 2% MILK	13 CORN SOUP CARROT COINS GREEN BEANS FRY BREAD FRESH FRUIT 2 % MILK	14 TUNA SALAD ON WHEAT TOAST MAYO, LETTUCE & TOMATOES BAKED CHIPS 3-BEAN SALAD COTTAGE CHEESE W/ PINEAPPLE 2% MILK	15 PANCAKES SAUSAGE PATTIES FRESH FRUIT 2% MILK LAST DAY/FILE TAX CIMARRON CASINO DAY 10AM -1PM NO SPECIALS BEFORE OR AFTER
18 BEEF STROGANOFF W/ NOODLES CALIFORNIA BLEND SALAD APRICOT CRISP 2% MILK	19 CHICKEN QUESADILLAS SPANISH RICE BLACK BEANS COOKIE CEREAL TREATS 2% MILK April 19 thru 24th '89er Celebration	20 MEAT LOAF MASHED POTATOES W/ GRAVY ASPARAGUS STRAWBERRY FLUFF 2% MILK	21 COD STICKS PACIFIC BLEND MAC & CHEESE PEARS 2% MILK Guthrie Walk Around Elders can enjoy window shopping/eating leave WC at 8:30 Return at 2pm.	22 EARTH DAY SPINACH QUICHE LOW FAT BREAKFAST COOKIE SALSA/SOUR CREAM 2% MILK SAC-& FOX TAILGATE CHENA BUILDING
25 BEEF POT PIE SALAD APPLE PIE BITES 2 % MILK	26 BAKED CHICKEN BROCCOLI SALAD YELLOW SQUASH FRESH ORANGE 2 % MILK	27 ADMINISTRATION PROFESSIONALS DAY STEAM FRY BOILED POTATO GREEN BEANS FRY BREAD BANANA 2% MILK	28 BAKED CATFISH NOT BREADED SWEET POTATOES PACIFIC BLEND PINEAPPLE 2% MILK ELDERS TRIP TO WHITE HAIR MEMORIAL & OSAGE RESOURCE CENTER HOMINY 9-3PM	29 ARBOR DAY BACON EGGS TO ORDER HOME FRIES TOAST n JELLY V-8 JUICE APRICOTS 2% MILK

Ioway Elders

Ioway Community Elders meetings are open to all interested Tribal and Community elders, families, and volunteers.

Regular meetings of the Committee will be held the First Thursday of each month, 12:00 p.m. noon, at the Chena Building (Hwy #177, South of Perkins OK). Lunch is provided.

Please Attend!

You are invited to share in the Elders Planning, Fun, Fellowship, Activities, Events, and adventures.

Please come and share your wisdom, skills, and ideas!

2016 Dates

March 3

April 7

May 5

June 2

July 7

August 4

September 1

October 6

November 3

December 1

IOWA TRIBE OF OKLAHOMA

FOR INFORMATION/QUESTIONS

CONTACT: elders@iowanation.org or
jmiller@iowanation.org, Telephone 547-2402 Ext. 366



IOWA TRIBE OF OKLAHOMA · BAXOJE · PEOPLE OF THE GREY SNOW

PRINCESS *Pageant*

Sunday,
April 17, 2016

*Selection of 2016 - 2017
Miss, Jr. Miss, & Little Miss*

Iowa Nation Tribal Princesses.

**Inviting Visiting
Royalty & former Iowa Tribal
Princesses!**

**Tribal Members are
encouraged to attend.**

CANDIDATE REQUIREMENT:

All candidates MUST be an enrolled member OR a descendant of the Iowa Tribe of Oklahoma.

Candidates Eligibility Guidelines:

- ◆ **Must be of good character.**
- ◆ **Must be able to speak publicly.**
- ◆ **Must know of Iowa history.**
- ◆ **NO drug, tobacco, or alcohol use of any kind.**
- ◆ **Must never have been married or conceived a child.**
- ◆ **Must not hold a separate princess title during reign.**
- ◆ **If selected, must be willing to travel & participate in tribal events.**
- ◆ **Must wear Traditional Tribal Dress during pageant.**
- ◆ **If selected, must understand you are an ambassador for the Iowa People, Elders, Veterans, as well as yourself & family.**

Age Divisions

Miss: 16-21

Jr. Miss: 11-15

Little Miss: 6-10

SCHEDULE

Iowa Tribal Powwow Grounds—Chena building

Program begins at **2:00 PM**

Welcoming by the MC - Chad Tahchawwickah

Opening Prayer & Flag Song

Introductions by:

Powwow Chairman

Outgoing Tribal Princesses

Former Iowa Tribal Princesses

Visiting Royalty

Presentations By:

Little Miss Candidates

Jr. Miss Candidates

Miss Candidates

Entertainment

Announcement of 2016-2017

Iowa Nation Tribal Princesses!

Coronation will take place Friday night of Iowa
Annual Powwow

Reception—Closing

Candidacy applications are available.

Contact: Linda Bigsoldier @ (405) 614-5547 or lbigsoldr@aol.com

Iowa Tribe of Oklahoma Vocational Rehabilitation Program

“See the Person Not the Disability”

Juniors



Seniors

History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

Services Than Can Be Provided:

Depending on an individual’s needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

Qualifications:

Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor’s statement or the IEP or 504 plan from your school.

Counties We Serve:

Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

Iowa Tribe of Oklahoma
Vocational Rehabilitation Program
P.O. Box 728
Perkins, OK 74059



Phone: 405-547-5721
Toll Free: 1-888-336-4692
Fax: 405-547-1090
E-mail: ctsotaddle@iowanation.org

WE ARE ON THE INTERNET: www.bahkhoje.com

April 2016

Iowa Tribe of Oklahoma

Early Head Start & Expectant Families Program

Now Taking Applications!

Early Head Start Expectant Families Program is a FREE program serving expectant mothers.



**Serving 4 expectant women in Payne, Lincoln and Logan Counties.
Transportation is provided if needed!**

Eligibility is based upon living status, disabilities, family needs and income.
Priority will be given to those with a household income below federal poverty guidelines.

Native and Non-Native families are encouraged to apply.



Personal Visits

- Plan effective home visits
- Promote Healthy birth outcomes
- Model parenting skills that support optimal bonding, attachment & responsive care giving.
- Teach parents ways to facilitate their child's development.
- Detect early signs of health or developmental problems.
- More easily address topics that may be difficult to discuss.

Phone:
405-547-4261

Website:
www.iowanation.org

April 2016



18th Annual National Indian Realty Awards

Brea, California

February 29 - March 2, 2016

Tribal member, Lea Tsoataddle is pictured receiving her medal for 37th place.

Congratulations Lea!



Iowa Tribal Elders Easter Handgame

March 13, 2016

The Handgame played by the Ioway is a social game with no cash betting. It is a game played similarly to "Button-Button, Whose got the Button?" All ages may participate.

There are 2 sides with a scorekeeper and guesser for each side 2 players from 1 side hide the "buttons" while the guesser from the other side tries to guess the hand where the button is hidden. The hiders receive a score stick for each missed guess. The side to win all the score sticks wins the game. 3-5 games will be played with the winners taking home bragging rights and prizes.

Round Dance, give-away songs, and other games take place between each hand game. The game is fast and fun and a tradition among many Prairie Tribes.

Photos are courtesy of Lea Tsotaddle.





COMANCHE LITTLE PONIES

48th Annual Celebration

Saturday, May 7th, 2016

Comanche County Fairgrounds, Expo Center
920 S. Sheridan Rd., Lawton, OK

The Pow Wow is FREE & Open to the Public ~ Please bring your own chairs
All Singers, Dancers, Princesses & Drum Groups are Cordially Invited
Arts & Crafts Vendors, Concession Stands & Raffles all day long!
Special Invitation to All Mothers ~ Happy Mother's Day!

Comanche Little Ponies Princess 2013-2016'

CATHERINE "KATIE" HOWELL

Comanche Little Ponies Princess 2016-2017'

MALAYNA PARKER DINWIDDIE

HEAD STAFF

Master of Ceremonies – Wallace Coffey
Head Singer – Robert Tehauno
Head Gourd Dancer – Balliente Herrera
Head Lady Dancer – Erin Yarholar
Head War Dancer – J.T. Liles
Host N. Drum – Young Buffalo Horse
Arena Director – Travis Codynah
Arena Director – Sam Howell
Color Guard – Comanche Little Pony Veterans

PROGRAM

12:00 noon – Cedar Ceremony (open to everyone)
(Gourd Dance to follow)
2:00 pm – New Princess Coronation
5:00 pm – Supper Break
6:00 pm – Grand Entry & Contests
(Grand Entry will start on time!)
11:00 pm – Host Organization Special &
Announcement of Contest Winners!

~ SPECIAL INVITED GUESTS ~

SHELBY MATA, *Comanche Nation Princess 2016*
ALYSHA NIEDO, *Comanche Nation Jr. Princess 2016*

CONTEST DIVISIONS

BOYS & GIRLS TINY TOTS (Combined, 0-6 yrs.)

JR. GIRLS (ALL Categories Combined, 7-15 yrs.)
1st \$100, 2nd \$75, 3rd \$50

JR. BOYS (ALL Categories Combined, 7-15 yrs.)
1st \$100, 2nd \$75, 3rd \$50

MEN'S (16 yrs. +)

FANCY, GRASS, TRADITIONAL & STRAIGHT
1st \$500, 2nd \$300, 3rd \$200

WOMEN'S (16 yrs. +)

CLOTH, BUCKSKIN & JINGLE
1st \$500, 2nd \$300, 3rd \$200

!! SPECIAL CONTEST !!

MEN'S CHICKEN DANCE (ROUND BUSTLE DANCERS ONLY, 18 yrs. +)
1st \$600, 2nd \$200, 3rd \$100

CONTEST RULES: ALL Dancers MUST Register and Participate in Grand Entry (Contest #'s will be taken). Dancers can only register in ONE dance category. Registration will CLOSE at the start of Grand Entry. All decisions of the Pow Wow Committee are FINAL.

ATTENTION HEAD STAFF: Due to the time constraints, the Pow Wow Committee requests **NO SPECIALS**. Thank you!

ARTS & CRAFTS VENDORS: All vendors must provide your own set-up, tables & chairs. Electrical hookups are Available. Arts & Crafts Vendor Fee is \$40.00, per 10 X 10 space. For a Vendor Application, please contact Clarence Lee @ 405-341-7874 or @ cwlokier@aol.com. For general Pow Wow information, please contact Lowell Nibbs @ 580-583-5279 or @ lowellnibbs@yahoo.com. FOOD Vendors spaces are Sold Out!

Security on Premises - Absolutely **NO ALCOHOLIC** Beverages Allowed - Not Responsible for Accidents, Thefts or Injuries
Please Watch Your Children - Vehicles Cannot Park on Inside of Bldg. – The Expo Center is a **NON-SMOKING** Facility
NO POLITICAL ADVERTISING or Petitions Allowed

April 2016

**OKLAHOMA CITY UNIVERSITY
10th Annual Spring Contest Powwow
Saturday, April 2nd, 2016
Freede Wellness Center NW 27th & Florida Ave.
(Held on the Oklahoma City University Campus)**

Head Staff

Master of Ceremonies: Mark Wilson (Cherokee)

Head Singer: Brent Greenwood (Ponca)

Head Man: Bud Sahmaunt (Kiowa)

Head Lady: Courtney Tsotigh-Yarholar (Kiowa)

Head Gourd: Comanche Little Ponies

Host Drum: Young Buffalo Horse

Arena Director: Randy Frazier (Choctaw)

Color Guard: Riverside Indian School

Honored Staff: Lori Harless (Cherokee) School of Law

Honored Alumni: Tommy Jones (Kickapoo)

Dance Contest

Adult Men
Straight
Fancy
Traditional
Grass

Adult Women
Buckskin
Cloth
Fancy
Jingle

Drum Contest

Schedule

Doors Open: Noon

Gourd Dance: 2pm

Dinner: 5pm

Gourd Dance: 6pm

Grand Entry: 7pm

Vendors Contact: Kiarah Bates

kabates@my.okcu.edu 405-761-1178

\$50.00 Booth Space Doors Open @

11am for Vendors

**THIS IS A FAMILY EVENT & FREE TO THE PUBLIC
ABSOLUTELY NO DRUGS, ALCOHOL, TOBACCO OR
PETS ON THE PREMISES ALL CONTESTANTS MUST BE
IN FULL REGALIA & PRESENT IN GRAND ENTRY**

April 2016



Bahkhoje.com

1-888-336-IOWA or (405) 547-2402



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Iowa Tribe



Like us on
FACEBOOK @

- Iowa Tribe of Oklahoma
- Iowa Tribe Wellness Center
- Grey Snow Eagle House
- Cimarron Casino
- Ioway Casino.

Send ideas and suggestions to the Tribal Newsletter @
shmiller@iowanation.org.

Here are some further recommendations: Birthdays,
Graduations, Veterans info, Events or photos of past
events, Powwow flyers, Sweethearts / Just
Married, Baby announcements, Winter/Childhood Stories

Thank you
for
readings
this
months
newsletter!

Iowa Tribe of Oklahoma

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Perkins, OK

74059-3268

Phone: 1-888-336-IOWA