



# BAH KHO-JE JOURNAL

Official Publication of the Iowa Tribe of Oklahoma—People of the Grey Snow

1-888-336-IOWA or (405) 547-2402

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## Update from the Bah Kho-Je Xla Chi:



The Iowa Tribe On January 30th, the aviary released of Oklahoma's two adult bald eagles back into the Grey Snow Eagle wild. The first eagle released was House was very found in Jefferson county. He suffered active for the from a hip injury and broken leg. month of Dr. Paul Welch was able to successfully J a n u a r y . brace the leg so that it healed well

On January 12<sup>th</sup>, the facility celebrated enough for release. The second eagle their 10 year anniversary! This day came from Oklahoma county and had a included tours of the aviary, a tradi- back injury. With Dr. Welch's tional lunch, guest speakers, and a con- knowledge, he was able to rest and cert by Junior Brown. The 10 year recover the eagle without any anniversary was attended by almost surgeries. Both eagles received their 300 people near and far and guests care at the Grey Snow Eagle House that were included were Ioway tribal where their rehabilitation and members, USFWS's Region 2 Director, reconditioning took approximately 6 Dr. Benjamin Tuggle, U.S. FWS's months. They were the facility's 19th Region 2 Native American Liaison El- and 20th release! The facility currently don Brown, OSU's Vice President Of has 2 bald eagle in rehabilitation and is Research, Dr. Kenneth Sewell, and providing permanent homes to 49 many other supporters of the aviary. eagles.

Photos on Page 3.

*Recognizing our Iowa Ancestors:*



### Bah-Kho-Je Journal

The Bah-Kho-Je Journal is an official publication of the Iowa Tribe of Oklahoma.

Letters to the editor and guest columns published in the Journal are the opinions of the writers and do not necessarily reflect the opinions of the Bah-Kho-Je Journal or any elected official, administration, or department of the Iowa Tribe of Oklahoma.

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shmiller@iowanation.org

\*Tribal members should notify name and address changes.

#### Newsletter Editor

Shayla Miller

#### Tribal Officials

##### Chairman

Bobby Walkup

##### Vice-Chairman

Renee Lincoln

##### Treasurer

Judith Shores

##### Secretary

Chalis Cox

##### Council Person

Eagleboy McClellan



### Iowa Tribe 2016 Holidays

Presidents' Day February 15, 2016 Monday

Good Friday March 25, 2016 Friday

Memorial Day May 30, 2016 Monday

Independence Day July 4, 2016 Monday

Labor Day September 5, 2016 Monday

Native Americans' Day September 23, 2016 Friday

Veterans Day November 11, 2016 Friday

Thanksgiving Holiday November 23-25, 2016 ½ Day Wed.; Thurs., Friday

Christmas Day (Observed) December 26, 2016 Monday

New Year's Day (Observed) January 2, 2017 Monday

### ELDERS MEETING

Thursday, February 25

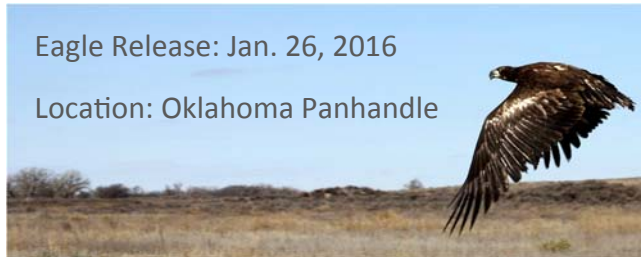
All meetings will be held

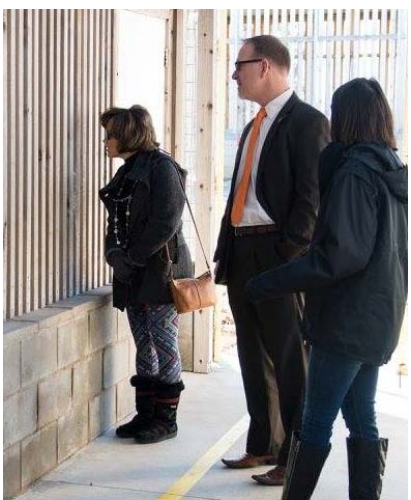
**bi-weekly.** Location will

be at the Chena Building beginning at noon.

Eagle Release: Jan. 26, 2016

Location: Oklahoma Panhandle

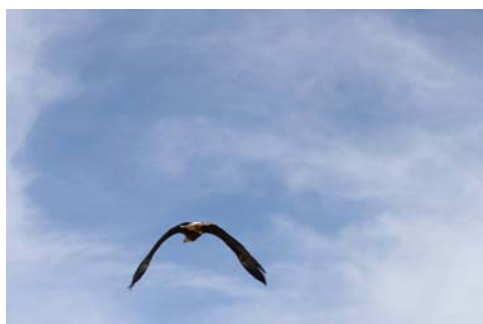






# Grey Snow Eagle House 10 Year Anniversary



*March 2016*



March 2016

<b>MARCH 2016</b>				
Dieticians Approval ___				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY <small>FISH DAY</small>	FRIDAY
<b>Menu Subject to Change Without Notice</b> <b>Must stay for lunch n learn Requested by PFC</b>	1 Chicken Lasagna Italian Blend Salad Garlic Toast Tiramisu 2% Milk	2 Steam Fry Boiled Potato Green Beans Fry Bread Orange 2% Milk	3 Tuna Casserole Key Biscayne Salad Apple Dumplings 2% Milk <i>loway Casino Day</i>	4 Ham & Boiled Egg Tomato Slice Wheat Toast Fresh Orange 2% Milk
7 Sloppy Johns Garden Salad Macaroni Salad Sliced Pickle & Onion SF Cherry Crisp 2% Milk	8 Chicken Breast Cordon Bleu Caribbean Blend Roasted Potatoes Fresh Fruit Bowl 2% Milk	9 Meat Loaf Scalloped Potatoes Tomatoes & Okra Hot Wheat Roll Or Flat Bread SF Banana Pudding 2% Milk	10 Baked Catfish Pacific Blend Garden Salad Mandarin Oranges 2% Milk	11 Grits Sausage Links Toast V-8 Juice Fruit Cocktail 2% Milk <i>Cimarron Casino Day</i>
14 Soft Turkey Taco w/ Lettuce, Tomatoes & Onion Chuck Wagon Blend SF Blackberry Cobbler 2% Milk	15 Chicken Breast w Chicken Gravy Mashed Potatoes Carrots Vanilla Pudding 2% Milk	16 Pork & Hominy Green Beans Potato Salad Fry Bread Orange 2% Milk <b>Tai Chi Class 12:30-1:30</b>	17 Shrimp Creole Wild Rice Green Garden Salad Hot Wheat Roll Apple Crisp/ 2% Milk 	18 Bacon Egg and Cheese Bagel to go PFC at White Cloud Lunch n Learn Multiple Sclerosis 12-1 <b>SAC &amp; FOX Tailgate</b>
21 Pot Roast w/ Carrots & Potatoes Yellow Squash Hot Wheat Roll Strawberry Fluff 2% Milk	22 Roast Turkey Breast Sweet Potatoes Brussel Sprouts Hot Wheat Roll Or Flat Bread Pineapple Chunks 2% Milk	23 Baked Pork Chops In Mushroom Gravy w/ Rice Zucchini & Tomatoes Garden Salad Peaches 2% Milk <b>Tai Chi Class 12:30-1:30</b>	24 <b>Elders Easter Luncheon</b> <b>Call for Details</b> <b>405-547-5407</b> 	25 IOWA OFFICES CLOSED <b>Good Friday</b>
28 Cold Turkey Sub w/lettuce, tomatoes & pickles Baked Cheetos Cold Peas Fresh Orange 2% Milk	29 BBQ Chicken Breast Brown Beans Broccoli Lime Pear Jello 2% Milk	30 Indian Taco w/ chili beans, lettuce, tomatoes, onions, salsa, peppers and sour cream Cinnamon Apples 2% Milk <b>Tai Chi Class 12:30-1:30</b>	31 Salmon Patties Carrot Coins Cream Style Corn SF Peach Crisp 2% Milk	<b>Tai Chi classes starting March 16<sup>th</sup> from 12:30 to 1:30 thru May 18<sup>th</sup>. At Whitecloud Building</b>

The **Iowa Tribe of Oklahoma Library** began 2016 with adding tutors to our Gathering Hope Tutoring Program; high school students Deeon Joseph and Woody McClellan, Jr. have been busy providing tutoring in math, reading, and building small engineering-based models out of Legos with the youth. We are happy to add to our program in this new year. Our door is always open if you are seeking tutoring for your youth.

As a distributor of First Book, we provide free books to children and families. We are planning an order for our Spring Distribution of books and we will post a notice in the next newsletter for tribal members interested. **Also, we currently have some young adult and Hello Kitty books (3 and under) leftover from our Christmas distribution.** If you did not receive these titles for your family and are interested, please call us at 405-547-2402 ex. 213 or email [library@iowanation.org](mailto:library@iowanation.org).

If you know of anyone wishing to take the GED Test, the Library provides night classes at the OES Building. We are happy to announce that our students can now choose to take the electronic or paper test. Please let us know if you need any assistance or have any questions with receiving help for the GED test.

Haa! Hah Weh Pi ( Hello, Good Day – to you.)

I am writing to let some of you folks be aware that we have started an Elders group for our area. A while back, Chairman Walkup made the expressions that he encouraged the People to organize interest groups to create harmony and well-being for their own daily livelihoods.

The Elder meetings are held every other week at 12:00 Noon at the newly remodeled Chena Building. The business committee usually sends a representative to take back news, and they give us feedback, so we know how to proceed in forming this new group. Until a couple of months ago, there was not an official elders group for this area. In years past; the tribe had an elders group under the **Older Americans Act** – it was known by NICOA then, and later became strictly under the Title VI guidelines, and an Advisory Board was formed under Grant stipulations – however; it was disbanded in 2008. Today the Title VI program still continues to serve a mid-day meal Monday through Friday, a breakfast on Friday mornings or a sack lunch for those homebound that are not able to come out to the complex for congregate meals. Therefore there is not an official group of elders or senior citizens of this area. To promote social activities the Iowa tribes Title VI program does take a limited number of T-VI participants to local activities, and those individuals that usually participate are not enrolled Iowas, however most have Iowa descent and live in the tribe's jurisdiction. The activities of the elders group have been pretty varied, but through the years, the majority of the participants had always been individuals that enjoy the cultural aspect of native ways – therefore powwows and those type of dances were always the elected places to attend – and was the group's main interest – rather than movies or the theatre. However those past groups were never opposed to non-cultural events or activities, but the funding was very little and choices had to be made, and cultural actives usually took precedence.

The new elders' group meetings began last fall. They are beneficial meetings and those of us that are interested in forming an elders group continue to meet in the interest and for the common cause to improve the quality of life around the tribe and the Perkins area. Most everyone are in the retirement stages of their lives and have the time to get out and socialize; and the way they all feel towards one another – and it's about the enjoyment one another has in getting together – sharing time by visiting and laughing with one another – is something most look forward to. The group felt that they would like to set goals or missions for the group and accomplish them to help increase awareness to the needs and services those elder citizens can benefit from. If you have the time in your life, it would be great if you could come out and join our efforts to make this a really good group from this area to help represent our tribe and the efforts set forth by this committee. It may be a few miles to drive here, but this tribe belongs to all of us, and it is my belief that we all have a vested interest in the future of it, and it needs to be carried on, to next generations to come. All across Indian Country they have respective groups of senior citizens and they do many great things for their groups and committees – that not only assist and help them in different times. They spend time helping out the adults that need guidance or advice as well as the younger adults who are struggling with young families – and the youth, and children, to be there for them and be role models, or tell them stories. If we could be available to help out; most of all we have a wealth of knowledge that we can share with the younger ones, and we can leave something for them . . . that they can follow us – even to those in the next generations; that are still coming. This is like our old people did for us. They left us something and we can recall and reflect back on those days when our folks were here and the ways they left for us to use . . . so we can give back!!

The group proposed and discussed activities that would include all age groups. On December 13<sup>th</sup>, 2015 the group hosted a Handgame – it was a wonderful event and all enjoyed playing this age old game. A listing of Activities for the group were brought up and discussed. Discussion about taking trips was brought up, and how to pay for these events was discussed. At this early in the planning stages fund raisers could be held to help defray the expenses, so no one is left out. In all areas it seemed fair that everyone help out by paying dues, donating items – for fund raisers. The need to get an answer from the business committee is necessary so we can move forward and what is feasible, or not.

**Trips: In previous years – these 3 have always been approved – New dates.**

- 1) **GON**, Albuquerque, NM: April 29 – 30<sup>th</sup>, 2016 – Attachment: Bumper Sticker
- 2) **NICOA** – Biennial Conference : Niagara Falls, NY – September 13 – 15<sup>th</sup>, 2016 – Attachment: Flyer from NICOA 10/2015
- 3) Northern Iowa Powwow – September 23 – 25, 2016

**Local Events: Can be more frequent activities {Monthly}**

Movies

Sporting Events

Activities – Bowling, etc.

**Other activities include:**

Sewing classes – as needed

History Class

Language Class

Indian Dice

Genealogy Class

Host Activities for other surrounding tribes  
Quartly trips

**NICOA Trip: 2016 in September to Niagara Falls, New York September 13 – 15<sup>th</sup>, '16**

Individuals that indicated and told me that they wished to go along on this trip, some have given me their names; while others stated that they wished to go on the NICOA trip.

Unofficial Listing of tribal members that wish to attend NICOA this year – several indicated that they would be willing to help pay their own expenses, if we had to fly, or other ways.

Barnes, Judy	Mayes, JoAnn	Osage, Crystal
Big Soldier, Linda	McClellan, Ken	Pierce, Charles
Cox, Thomas	McClellan, Valarie	Rowe, Michael
Deer, Francis	Miller, Joyce	Springer, Leroy
Gibson, Lawrence	Modlin, Dollie	Tall Bear, Mike
Harjo, Sandra	Murray, Franklin J.	Two Guns, Timothy
Hutchens, Gayle	Mutteloke, John	Ada White
Logan, Ruby	O'Dell, Jerald	24

**Name: - Iowa Community Elders Committee ICEC**

A set of By-Laws shall be adopted to govern the membership criteria and will establish the purpose of this group to support the mission and goals respective of the group duties and responsibilities; and that will enable the group to function in a capacity that will support and enhance the mission – but that will not be in direct conflict or to have adverse effects to the Iowa tribe’s tribal constitution and Bylaws. There were other discussions as to the membership criteria but nothing was determined.

**The Next meeting February 11<sup>th</sup> at 12:00 Noon, at the Chena; and then on the 25<sup>th</sup>, and every other week thereafter.**

*Joyce Miller*

*Elders Facilitator*

[405.547.4366](tel:405.547.4366)

March 2016

Iowa Prayer Partners Community Church

# REVIVAL

Dedicated to the YOUTH of all surrounding communities & churches.

Come and Hear the Word of God - Gospel Singing - Tribal Hymns

6:30PM  
Each Night

March 17, 18, 19, 2016

Scheduled to coincide with Spring Break

All Are  
Welcome!

**Location: Iowa Tribal Powwow  
Grounds-Chena Building  
4 1/2 Mi. S of Perkins, Oklahoma**

## Schedule

### Thursday Night

Women Ministry: Tina Baker, Sharon Yeahquo, &  
Essie Fish

### Friday Night

Lil Mike Deer, Pastor Danny Falkner

### Saturday Afternoon & Evening

#### Saturday Afternoon

Introductions: Pastor Wolf  
Afternoon MC: Pastor Mike Watkins  
Praise Singing  
Specials Welcome  
**Lil Mike & Funny Bone (2:00PM)**  
Testimonials  
Invited Pastor – Jr. Pratt  
Prayer Requests  
Invitation & Dedication  
Supper Served approximately 5:00PM  
Rev. Alvin Deer

#### Evening Schedules

Song Service:	6:30 pm
Testimonial Service	6:50 p.m.
Guest Preachers	7:15 p.m.
Message: Visiting Pastors	7:45
Invitation/Prayers	8:30 p.m.
Prayer & Refreshments to follow.	

#### Special Guests:

LIL MIKE + FUNNYBONE

**MIKE & BONE**



Ioway Prayer Partners Information

contact: Linda @ 405.614.5477





**Barbara Lamar Curtis**



Barbara Lamar Curtis, 84, of Perkins, passed away on Wednesday, Jan.27, 2016, at Grace Living Rehabilitation Center in Stillwater. Funeral services were held at 2 PM Wednesday, February. 3, 2016, at Chapel of Palmer Marler Funeral Home in Cushing. Brother Bob Remington will officiate. Interment was followed at Iowa Tribal Cemetery. Arrangements were entrusted to Palmer Marler Funeral Home in Cushing, Oklahoma.

Barbara was born on July 1, 1931, in Perkins, Oklahoma, to the late Joseph Augustus Dailey and Irene Eunice Dole. She grew up and attended school in Perkins. Barbara married Levi Donald Murray Sr. after his passing she married Bryan J. Curtis on March 5, 1965. She enjoyed sewing, making Native American quilts. She was currently working for Four Winds Child Care in Perkins. She helped create NASCO. She loved people, never met a stranger. Barbara had a very outgoing personality and was active in various positions for the Tribe. She enjoyed watching westerns especially John Wayne movies, working cross word puzzles, and scrabble. She was devout in her faith.

Barbara is survived by her sons Levi Donald Murray Jr. of Perkins, Franklin Joseph Murray of Perkins, Rockie Curtis of Chandler, daughters Donna L. (Murray) Reichenbach of Florida, Jennifer Kessel and husband Mark of New Jersey, Tequila Ann Anders of Prague, sister Amelia Rose Hubbard Smith of Tennessee, 17 grandchildren and 13 great-grandchildren. She was preceded in death by her husband Bryan Curtis, parents, son Lewis James Peters.

# Iowa Tribe of Oklahoma Vocational Rehabilitation Program

**“See the Person Not the Disability”**

Juniors



Seniors

**History:**

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

**Services Than Can Be Provided:**

Depending on an individual's needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

**Qualifications:**

Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor's statement or the IEP or 504 plan from your school.

**Counties We Serve:**

Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

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Iowa Tribe of Oklahoma  
Vocational Rehabilitation Program  
P.O. Box 728  
Perkins, OK 74059



Phone: 405-547-5721  
Toll Free: 1-888-336-4692  
Fax: 405-547-1090  
E-mail: [ctstoddle@iowanation.org](mailto:ctstoddle@iowanation.org)

WE ARE ON THE INTERNET: [www.bahkhoje.com](http://www.bahkhoje.com)

# PRINCESS Pageant

*Sunday,  
April 17, 2016*

*Selection of 2016 - 2017  
Miss, Jr. Miss, & Little Miss  
Iowa Nation Tribal Princesses.*

**Inviting Visiting  
Royalty & former Iowa Tribal  
Princesses!**

**Tribal Members are  
encouraged to attend.**

### CANDIDATE REQUIREMENT:

All candidates **MUST** be an enrolled member **OR** a descendant of the Iowa Tribe of Oklahoma.

### **Candidates Eligibility Guidelines:**

- ◆ **Must be of good character.**
- ◆ **Must be able to speak publicly.**
- ◆ **Must know of Iowa history.**
- ◆ **NO drug, tobacco, or alcohol use of any kind.**
- ◆ **Must never have been married or conceived a child.**
- ◆ **Must not hold a separate princess title during reign.**
- ◆ **If selected, must be willing to travel & participate in tribal events.**
- ◆ **Must wear Traditional Tribal Dress during pageant.**
- ◆ **If selected, must understand you are an ambassador for the Iowa People, Elders, Veterans, as well as yourself & family.**

### *Age Divisions*

*Miss: 16-21*

*Jr. Miss: 11-15*

*Little Miss: 6-10*

### SCHEDULE

Iowa Tribal Powwow Grounds—Chena building

Program begins at **2:00 PM**

Welcoming by the MC - Chad Tahchawwickah

Opening Prayer & Flag Song

Introductions by:

Powwow Chairman

Outgoing Tribal Princesses

Former Iowa Tribal Princesses

Visiting Royalty

**Presentations By:**

Little Miss Candidates

Jr. Miss Candidates

Miss Candidates

**Entertainment**

**Announcement of 2016-2017  
Iowa Nation Tribal Princesses!**

Coronation will take place Friday night of Iowa  
Annual Powwow

Reception—Closing

Candidacy applications are available.

Contact: Linda Bigsoldier @ (405) 614-5547 or lbigsoldr@aol.com

## DENNIS BANKS ISSUES A STATE OF WAR DECLARATION BETWEEN AIM AND DRUGS; WILL LEAD LONGEST WALK 5 – WAR ON DRUGS



GRAND RAPIDS, MICHIGAN —Dennis Banks, co-founder of the American Indian Movement, has announced he will lead the “Longest Walk 5 – War on Drugs,” along a three-thousand mile route from California to Washington, D.C.

*“BECAUSE OF THE EXTREMELY HIGH RATE OF SUICIDES, AND OTHER DRUG-RELATED DEATHS, I AM ISSUING A STATE OF WAR DECLARATION BETWEEN THE AMERICAN INDIAN MOVEMENT AND DRUGS ACROSS AMERICA. THE DEATHS ARE AT A PANDEMIC STAGE,” STATED BANKS IN A NEWS RELEASE ISSUED ON THURSDAY FROM GRAND RAPIDS.*



The Longest Walk 5 – War on Drugs will begin on February 13, 2016 in La Jolla, California and end in Washington, DC on July 15, 2016.

“Today, I announce a walk across America to draw attention to and seek guidance on drug-related issues that are causing devastation on Indian reservations and communities in the United States,” stated Banks, who has been involved in several Longest Walks since 1978.

The Longest Walk 5 – War on Drugs will visit several American Indian reservations and communities as it makes its way to Washington, DC. At various stops, Banks will meet with tribal officials and other American Indians involved in substance abuse issues in Indian Country.



**IOWA TRIBE OF OKLAHOMA  
PERKINS FAMILY CLINIC  
509 E HIGHWAY 33  
PERKINS, OK 74059**

**REPORT TO THE INDIAN PEOPLE  
HEALTH PROGRAMS/CHR/DENTAL/PHARMACY/SUBSTANCE ABUSE PROGRAM<sup>1</sup>  
SPECIAL DIABETES PROGRAM FOR INDIANS<sup>2</sup>  
PERIOD OF JANUARY 1-DECEMBER 31, 2015**

The year of 2015 was full of change and growth for the health programs offered by the Iowa Tribe of Oklahoma by and through the Perkins Family Clinic. The summary of services is as follows:

**Medical Services-Laboratory/Radiology Services**

The Perkins Family Clinic Medical Department is to provide quality medical services to tribal members and the community. The medical department provided over 5000 patient office visits between the months of January and December. Of the total number of visits a majority of the patients were American Indian (enrolled in a federally recognized Indian tribe other than the Iowa Tribe).

5015 Total Medical Patient Office Visits

84% American Indian Patients  
6% Iowa Tribal Member Patients  
10% Non-Indian Patients

The medical department has two full time providers, one Board Certified Licensed physician and one certified physician's assistant. Locum tenens licensed nurse practitioners were retained throughout the year to meet the needs of cold and flu season. The medical department also has two LPN's, a certified medical assistant and a lab/x-ray technician on staff. The medical clinic works directly with the diabetic educator/dietician to provide quality diabetic care to patients.

The Laboratory services include collecting specimens to be assessed by qualified providers and/or qualified reference laboratories. Radiology services consist of providing minor

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<sup>1</sup> CONTRACT 3 HHSI24620140027, DHHS-HIS, AUTHORIZATION 25 USC 450f

<sup>2</sup> CONTRACT #H1D1IHS0334-18-00, DHHS-HIS, AUTHORIZATION P.L.110-275/25 USD 13/PHS ACT 330c

radiological procedures and x-ray film submitted for interpretation by a qualified radiologist if required.

### **Dental Services**

The Perkins Family Clinic Dental Department is to provide quality dental services to tribal members and the community. The dental department provided over 1300 patient office visits between the months of January and December. Of the total number of visits a majority of the patients were American Indian (enrolled in a federally recognized Indian tribe other than Iowa Tribe).

#### 1386 Total Dental Patient Office Visits

88% American Indian Patients  
6% Iowa Tribal Member Patients  
6% Non-Indian Patients

The dental department has two part-time Board Certified Licensed dentists, one licensed dental hygienist, and one licensed dental assistant on staff. The dental clinic schedules approximately four (4) to six (6) treatments/exams a day. Dental exams range in time from thirty (30) minutes to two (2) hours depending on the treatment. Services include radiographs, cleanings, whitening, fluoride treatments, and sealants. The dental clinic schedules six (6) to eight (8) patients today. Dental hygiene appointments range from thirty (30) minutes for children to two (2) hours for scaling and root planning procedures. Hygienist services include radiographs, cleanings, whitening, fluoride treatments and sealants. The dental hygienist and dental assistant also provide proper dental care education to the Iowa Tribe Child Development and Education Center.

### **COMMUNITY HEALTH/CHR**

The Community Health/CHR Program is to be an advocate and facilitator to assure access to the comprehensive health care system; and, to provide for a continuity of services, case findings, follow-up and provision of support services. The Community Health/CHR Departments are combined due a vacancy in the CHR position. The Community Health Nurse is a licensed RN and scheduling has been adjusted to provide the necessary and quality community health outreach. The program assist several patients with medical appointments and medication refills made per patient request. The community health nurse also conducts home visits to conduct wound care, check blood pressures and blood sugar counts. The Perkins Family clinic also has an agreement with the Iowa Tribe Child Education and Development Center and provides head lice screenings and hemoglobin/lead screenings. The program works closely with the tribe's Wellness Center to promote wellness in the workplace. The Community Health Nurse assisted in organizing the Journey to Wellness Health Fair and flu shot clinics for Iowa Tribal employees (government and casino employees) and the community of Perkins, Oklahoma.

### **BEHAVIORAL HEALTH/SUBSTANCE ABUSE SERVICES**

The Perkins Family Clinic has a licensed Substance Abuse Counselor on staff to identify and assist problems related to substance abuse. Services include outpatient counseling, crisis intervention, substance abuse treatment; drug and alcohol evaluations; and ASI. Services provided: 106 Counseling Session; twelve (12) Drug and Alcohol Evaluations; three (3) ASI (Addiction Severity Index); sixteen (16) referrals for American Indian patients.

### **PURCHASED/REFERRED CARE (FORMERLY CONTRACT HEALTH (CHS))**

Medical/dental care provided at a Perkins Family Clinic health care facility is called Direct Care. The CHS Program is for medical/dental care provided away from an IHS or tribal health care facility. CHS is not an entitlement program and an IHS referral does not imply the care will be paid. If IHS is requested to pay, then a patient must meet the residency requirements, notification requirements, medical priority, and use of alternate resources. The Perkins Family Clinic has two (2) CHS employees that are delegated the duties of referrals/monitoring referrals and properly paying the claims approved for Purchased/Referred Care. These funds are considered the payer of last resort, meaning all other sources of insurance must be exhausted prior to funds being utilized. The Health Director worked closely with this department to ensure compliance with federal guidelines and create a timely and accountable process for the department. The department worked diligently in 2015 to clear up past claims, received training on MLR rates and also addressed any and all patient credit issues that may be involved.

### **PHARMACY**

Perkins Family Clinic provides pharmacy services to tribal members and American Indian patients. The Pharmacy employs a Board Certified Licensed Pharmacist and a certified Pharmacy Technician. The Pharmacy provides a full range of Pharmaceutical services and has a drug formulary for the provision of prescription drugs to eligible patients. The Pharmacy experienced a turnover in staff and was able to retain a qualified Board Certified Licensed pharmacist to serve competently as the Pharmacist in Charge. The Pharmacy filled 25,145 prescriptions for the year 2015, an average of 2095 per month.

### **HEALTH FAIR-JOURNEY TO WELLNESS**

On September 24, 2015, the Iowa Tribe of Oklahoma Perkins Family Clinic held its annual Health Fair-Journey to Wellness. The event was held at the Chena building and was well attended by the community. Over forty (40) vendors from all over Oklahoma attended. The fair welcomed over 500 attendees. The Oklahoma Blood Institute Blood Mobile, Caring Van, Air Med OK Helicopter and Insure Forward set up outside and we had over thirty (30) blood donors. The Caring Van administered flu shots with the assistance of Perkins Family Clinic Staff and volunteers nursing students from Central Technology and Meridian Technology Center. In addition to Iowa elders, elders from the Sac and Fox Tribe, the Ponca Nation and the Kickapoo Tribe of Oklahoma also attended the event. The Sac and Fox Color Guard presented the colors; and the drum and singers played an honor song for the Native American Veterans. A Fun Run/Fun Walk was also held in the morning and over forty (40) people participated. In addition to providing flu shots at the Health Fair Perkins Family Clinic also provided flu shots throughout October and November to the tribal employees, Cimarron Casino employees, and the City of

Perkins. Perkins Family Clinic is looking forward to next year's fair because it is a great event for the Iowa Tribe as well as the community.

**SPECIAL DIABETES PROGRAM FOR AMERICAN INDIANS (SDPI)**

The Iowa Tribe is the recipient of the Special Diabetes Program for American Indians funding through Indian Health Services. The Perkins Family Clinic has a long history administering the directives and deliverables of the grant. The SDPI Community Directed Program provides funds to IHS, Tribal and Urban health programs throughout the United States to enhance local diabetes treatment and prevention programs to American Indian communities. The program experienced a change in Program Director in November but now has a licensed diabetic educator/licensed dietician to properly administer the program. Eyeglass assistance and diabetic shoe assistance are provided per grant guidelines to qualifying patients. Outreach efforts included participation in the Journey to Wellness Health Fair, nutrition education and participation in community events such as tobacco cessation.

**SUMMARY**

The Iowa Tribe of Oklahoma Perkins Family Clinic provides many beneficial health programs and services to the tribal community, American Indian community and the community of Perkins and its surrounding areas. In addition to the above services and efforts, a billing specialist was retained to increase collection of third party revenue. A new Health Director was hired in September 2015. The Clinic is currently working on an agreement with the Department of Veterans Affairs to seek reimbursement for services provided to American Indian Veterans. Other activities included all clinic employees receiving necessary OSHA, HIPAA, CPR and other required trainings.

The Iowa Tribe continues to progress and strives to provide the best practices and standards of care by and through its health programs and clinic.

RESPECTFULLY SUBMITTED,



Dana M. Deere, J.D.  
Health Director  
Iowa Tribe  
Perkins Family Clinic



## IOWA TRIBE CONSTITUTIONAL REFORM SURVEY RESULTS

On June 3, 2014, the Business Committee asked for tribal members' input and suggestions for amendments to the Constitution and the Bylaws. 32 tribal members completed the survey. Below are the survey results and the comments that were submitted. The first section are the comments written at the top of the survey. The remaining comments were written in the section of the individual questions.

**Comments written by tribal members in the Comment section of the survey. \*The comments are typed as written on the surveys.**

- Would like mandatory \$10+ tribal member minimum wage.
- This survey is a great idea, but it would never take the place of regular tribal laws and business practices.
- On question 5, I am unsure of the difference between 20% and 30% to the 50 count ratio. Does it (the 50) make the petition more feasible to obtain signatures.
- Crooked as Crooked Can get 2007 original vote on this. Give everyone Original Iowa's a chance Tribe Jumpers got on and they right to vote. How crooked is this 420. Original Iowa's 70 voted to let Tribe Jumpers on or od nothing all given to Tribe Jumper! Us No Parent on Roll you become Tribal leaders
- Amendment of NOT requiring notarized requests for Absentee ballots. I can understand of notorizing your ballot, but Absentee ballots should be available to all member of the Iowa Tribe residing out a state. All elected tribal office candidates should have a high school diploma or GED.
- Terms should stay the same for the business committee.
- Love yall but I would like to see our budgets published to see what money is spent on and
- Leave Constitutional alone no changes need to be made at this time. Things have been working well.
- Each tribal member should keep in mind "its not what the Iowa Tribe can do for you. But what you can do for the Tribe
- An outside facilitator should be brought is to conduct these mtgs. Every TM should be able to have their voices & opinions hear w/o one person (TM) controlling everything.
- All Tribals Members should have input and an outside facilitator should be assigned so all can participate freely.

**For each question below, select the option that best fits your opinion on the importance of the issue.**

### Question

### Scale of Importance

- | Question   | Scale of Importance |
|--|---------------------|
| <b>1. Absentee voting eligible for qualified voters residing inside the State of Oklahoma.</b>   | Not at all <b>2</b> |
| • depends on how far way they live   | Not very <b>2</b>   |
| • Everyone Vote's Time need for those out of state sac & fox or OTOE Does our voting Calculation. An Iowa will do everyone wrong. 1/6 is for the Parents already on the Tribe like 1/8 to 1/2 Greedy People did this to us | No opinion <b>1</b> |
| • Homebound Iowa Elders can't vote need to change constitution   | Somewhat <b>3</b>   |
| • Yes this allow more tribal members to vote   | Extremely <b>23</b> |
| • Gas is high and people have to work (2 tribal member wrote this comment)   | No Mark <b>1</b>    |
| • Certified absentee Ballott should Be mailed Back a lot of Seniors and eligible voter should be given the choice.   |                     |

<b>2. Increase terms of service for elected positions on the Business Committee.</b>	Not at all <b>14</b>
<ul style="list-style-type: none"> <li>• You do us justice you get re elected. You should always let your tribe have the Ultimate Power not five Tribe Jumper's that cant respect their own Tribe to make it better-Their Greed ass here</li> <li>• No (4 tribal members wrote this comment)</li> <li>• This should not change</li> <li>• Was no problem for L. Murray (2 tribal members wrote this comment)</li> <li>• No if you can get re-elected for 4 terms Then your good. (2 tribal members wrote this comment)</li> </ul>	Not very <b>1</b> No opinion <b>5</b> Somewhat <b>6</b> Extremely <b>5</b> No Mark <b>1</b>

<b>3. Incorporate a filing fee as a qualification to become a candidate for elective Tribal office.</b>	Not at all <b>14</b>
<ul style="list-style-type: none"> <li>• There should be a small fee to cover clerical expenses with the tribe \$100 or less</li> <li>• No not fair</li> <li>• a poor man that is intelagence will be discriminated against cause of his or her financial status Try AGE Limit Einstein</li> <li>• no (3 tribal members wrote this comment)</li> <li>• Our tribe is to small for this, But I do agree that candidate should pay for their own fee for a background check</li> <li>• \$100-same as recount fee (2 tribal members wrote this comment)</li> </ul>	*Not very <b>3</b> No opinion <b>0</b> *Somewhat <b>8</b> Extremely <b>8</b> (*One tribal member marked two entries)

<b>4. Incorporate a high school diploma or GED as a qualification to become a candidate for elective Tribal office.</b>	Not at all <b>6</b>
<ul style="list-style-type: none"> <li>• This is supposed to be a Tribe you let the Gov. in and look at us women running for office top position that real Traditional. Tribe Jumpers run our Tribe now</li> <li>• No there are a lot of intelligent and fair minded members who would be negatively affected by this.</li> <li>• No (2 tribal members wrote this comment)</li> <li>• Yes each candidate needs a certified copy of a Ged or diploma, should have some form of education.</li> <li>• This will only help the TM!</li> </ul>	Not very <b>0</b> No opinion <b>0</b> Somewhat <b>0</b> Extremely <b>25</b> No Mark <b>1</b>

<b>5. Amend to 50 signatures for a petition to call a Special General Council Meeting.</b>	Not at all <b>10</b>
<ul style="list-style-type: none"> <li>• Unsure</li> <li>• For 2007 members and before not greedy Tribe Jumper's</li> <li>• Me my kids my grandkids have to wait 18 yrs before they get anything original Iowa's Tribe Jumpers get it all Instantly for a Vote. They shouldn't be able to vote till 18 yrs go by</li> <li>• Not sure the number currently required.</li> <li>• No (3 tribal members wrote this comment)</li> <li>• 40 signatures should be required</li> <li>• Yes; as the membership increases so should this count.</li> </ul> <ul style="list-style-type: none"> <li>• As the tribal Membership increases if # 1 is passed it should be adjusted accordingly.</li> </ul>	Not very <b>1</b> No opinion <b>5</b> Somewhat <b>4</b> Extremely <b>9</b> No Mark <b>3</b>

# Constitution Reform Meeting

Saturday, April 2, 2016

10AM—Noon

Chena Building

TO: Alyssa & Lexi Bowlin

HAPPY BIRTHDAY!!

From: Mom, Uncle  
Tyrone, & Aunt Tega

We love you!



Alyssa  
Bowlin  
turned 13  
years old on  
January  
30th



Lexi Bowlin turned 7 years old on March 5th

# The Spirit Bride

An Algonquin Story

There was once a young warrior whose bride died on the eve of their wedding. Although he had distinguished himself by his bravery and goodness, the death left the young man inconsolable.

He was unable to eat or sleep. Instead of hunting with the others, he just spent time at the grave of his bride, staring into the air.

However, one day he happened to overhear some elders speaking about the path to the spirit world. He listened intently and memorized the directions to the smallest detail. He had heard that the spirit world was far to the south. He immediately set out on his journey. After two weeks, he still saw no change in the landscape to indicate that the spirit world was near.

Then he emerged from the forest and saw the most beautiful plain he had ever seen. In the distance was a small hut where an ancient wise man lived. He asked the wise man for directions.

The old man knew exactly who the warrior was and whom he sought. He told the lad that the bride had passed by only a day before. In order to follow her, the warrior would have to leave his body behind and press on in his spirit. The spirit world itself is an island in a large lake that can be reached only by canoes waiting on this shore. The old man warned him not to speak to his bride until they were both safely on the island of the spirits.

Soon the old man recited some magic chants and the warrior felt his spirit leave his body. Now a spirit, he walked along the shore and saw a birch bark canoe. Not a stone's throw away was his bride, entering her own canoe. As he made his way across the water and looked at her, he saw that she duplicated his every stroke.

Why didn't they travel together? One can only enter the spirit world alone and be judged only on one's individual merits.

Midway through the journey, a tempest arose. It was more terrible than any he had ever seen. Some of the spirits in canoes were swept away by the storm-these were those who had been evil in life. Since both the warrior and his bride were good, they made it through the tempest without incident and soon the water was as smooth as glass beneath a cloudless sky.

The island of the blessed was a beautiful place where it was always late spring, with blooming flowers and cloudless skies, never too warm or too cold. He met his bride on the shore and took her hand.

They had not walked ten steps together when a soft sweet voice spoke to them-it was the Master of Life. The Master told them that the young warrior must return as he came; it wasn't his time yet. He was to carefully trace his steps back to his body, put it on, and return home.

He did this and became a great chief, happy in the assurance that he would see his bride once again.



## Wedding of the Cat & Mouse

Long ago there lived a family of great mountain cats near the village of the Brule Sioux. Igmu, chief of the Mountain Cat clan sent his eldest daughter, Wisoma to Itunkala, chief of the Mouse clan with a message. "Bring all your people to the river where the two legged humans live." Wisoma told Itunkala, "we shall feast together on the food of the humans while they are gone to hunt buffalo. Only old women are there to protect their stores."

Itunkala was leery of the invitation and asked the beautiful Wisoma, "Why does chief of the Cat clan want to share human food with us?"

Wisoma was not prepared to answer such a direct question by the wise Itunkala but offered, "My father has not told me why he wishes to share food with you. Maybe he thinks our two clans can secure the food easier if we work together."

Itunkala thought about this and said, "You are a smart cat Wisoma. Tell your father our clan will accept his invitation provided you marry one of our warriors so our two clans may always work together."

Surprised, yet flattered by the suggestion, Wisoma asked, "How is it that we may have children? I am so big and your warriors are so small." "Aha," replied Itunkala, "You indeed are a smart cat, but be pleased to know that one of my warriors has special medicine that makes him big like you when the need arises."

With this Wisoma returned to her father's camp and told him of Itunkala's offer and the special Mouse medicine. "Yes!" replied Igmu; "They took the bait. We will immediately arrange the marriage."

So it was with much excitement a great feast and marriage ceremony were arranged. The big Cat clan and the Mouse clan met at the river and warriors were selected from each



clan to go on the dangerous raid on the village of the humans.

The chiefs decided a plan of attack. The Mouse clan warriors would sneak into the human village and chew holes in the backs of the teepees holding the baskets of food. Then the big Cat warriors would come and carry the baskets back to the camp. Then the wedding and big feast would take place.

Just as the warriors were about to leave, the trickster Coyote wandered into their midst. "What do we have here, are you planning a feast?" asked Coyote. Igmu, chief of the Mountain Cat clan was first to answer. "We don't need a lazy coyote here. We have many things to do and you are not invited." Coyote not easily dissuaded, looked around and said with a smile, "It looks to me you are planning to raid the humans, but I cannot understand why this gathering also looks like a wedding celebration. How can this be?"

Itunkala, chief of the Mouse clan said, "Coyote, we are planning both and you are invited. There will be plenty of food for everyone after the raid and one of my warriors will marry Wisoma daughter of Chief Igmu.

With that Coyote looked surprised and said, "How can a little mouse marry such a big cat, don't you know cats are not supposed to marry mice?"

Chief Itunkala then took coyote aside and whispered to him about the special Mouse medicine. With a smile on his face, Coyote trotted off in the direction of the Mouse warriors and village of the humans. An hour later the Cat warriors followed.

Late that night, amid much excitement and happiness the Mountain Cat warriors came dragging and pushing large heavy baskets back to the riverside camp. However, something was wrong. The Mouse warriors and Coyote did not return. "Where are my warriors!" cried Itunkala. "Where is my husband to be!" exclaimed Wisoma. Wisoma ran away crying.

The Mountain Cat warriors explained they could not account for any of the Mouse warriors because it was so dark and the mice are so small. One big warrior Cat said, "They must have been there because they made holes in the teepees."

A great sadness came over Itunkala and his clan members. "Sorry we can not stay and enjoy all the food with you Chief Igmu. Our sons must have perished and we are very sad. We will go now. However, a promise is a promise and your daughter Wisoma must come and become one our clan" With a tear in her eye, Wisoma

said goodbye and left with the Mouse clan.

After the Mouse clan had departed, Chief Igmu let out a great cry! "Ah ho! We fooled the Mouse clan into making it easy for us to get the human food and our warriors must have eaten all the mouse warriors. I also have one less mouth to feed. What a great day!"

One Cat warrior pawed the ground and timidly spoke, "I am sorry Great Chief, we did not eat any of the Mouse warriors like we planned because we did not see them anywhere." The chief was not unhappy. "No matter, look at all the food we have for ourselves. Let's take it back to our village and have a big feast."

Back in the village of the Mouse clan, the Chief, Coyote and all the Mouse warriors were laughing, feasting and preparing for a wedding. "The big dumb Cats must have carried those baskets of stones all the way back to their village before discovering our joke," snickered Coyote. "Yes that is right and for your help in bringing the food back you are given the newest member of our clan for a wife. Coyote, you and Wisoma are to be married. You, are our special medicine." declared the Chief laughing.

So it was on that night Wisoma and Coyote were married and the name of the new Clan was Puma – part mountain cat and part Coyote.

Are you marrying a Cat, a Mouse, or a Trickster?

off the mark.com by Mark Parisi







March 2016

OSAGE NATION SOVEREIGNTY DAY

# POW-WOW

## MARCH 12, 2016

OSAGE COUNTY FAIR GROUNDS

AGRICULTURAL BUILDING

PAWHUSKA, OKLAHOMA

### CONTESTS

MEN'S STRAIGHT, WOMEN'S CLOTH, AND BUCKSKIN  
AGES 18 AND UP  
\$1000, \$750, \$500

TEEN BOYS AND GIRLS AGES 13-17  
\$150, \$100, \$75, \$50

JR BOYS AND GIRLS AGES 7-12  
\$100, \$75, \$50, \$25

TINY TOTS AGES 0-6

### GOURD DANCE

2:00

### SUPPER BREAK

5:00-6:30

### GRAND ENTRY

7:00

### STAFF

HEAD MAN

MILTON CUNNINGHAM

HEAD LADY

ALISSA HAMILTON

HEAD SINGER

ANTHONY KEMBLE

MC- TIM TALLCHIEF

AD- TIM LOOKOUT

HOST GOURD GROUP

OSAGE GOURD CLAN



FOR MORE INFORMATION (918) 287.5582  
ALL CONSTENTANTS MUST MAKE GRAND ENTRY



THIS YEAR'S ADVERTISERS WILL REACH TENS OF THOUSANDS

# GATHERING OF NATIONS POW WOW

UNM - Wise Pies Arena "The Pit"  
April 28-30, 2016  
Albuquerque, New Mexico  
[www.GatheringofNations.com](http://www.GatheringofNations.com)

Email:  
[drlita@gonmail.com](mailto:drlita@gonmail.com)

**Deadline  
March 11**



## HEADLINING CAST

- HEAD MAN DANCER:** Spike Draper (Posthumous-Honor) - Kirland, NM
- HEAD LADY DANCER:** Tonia Hall - Fort Yates, ND
- HEAD YOUNG MAN DANCER:** Darian Adakai - Flagstaff, AZ
- HEAD YOUNG LADY DANCER:** Jayda Gadwa - Kananaskis, Alberta
- HEAD NORTHERN DANCE JUDGE:** Clifton Goodwill - Pasqua, Saskatchewan
- HEAD SOUTHERN DANCE JUDGE:** Kelly Grant - Macy, NE
- HEAD NORTHERN DRUM JUDGE:** Ted Phelps - Thunder Valley, SD
- HEAD SOUTHERN DRUM JUDGE:** Kelly Cable - Lawton, OK
- ARENA DIRECTORS:** Randy Medicine Bear - Loveland, CO  
George "Cricket" Shields - Shawnee, OK
- ANNOUNCERS:** Dennis Bowen, Sr. - Tuba City, AZ  
Vince Beyl - Bemidji, MN  
Ruben Little Head - Happy Flats, MT  
(Roving) Jason Whitehouse - Madison Hts, MI  
(Roving) Larry Yazzie - Tama, IA
- INVITED DRUMS:** Iron Boy - Prior Lake, MN  
Cozad - Hominy, OK  
Southern Style - Montezuma Creek, UT  
Black Eagle - Jemez Pueblo, NM  
Chiniki Lake - Morley, Alberta
- MISS INDIAN WORLD 2015-16:** Cheyenne Brady - New Town, ND

## PRIZE MONEY

- Over \$200,000 in Cash & Prizes to be Awarded
- 34 Categories - Elders 70+, Golden Age 55-69, Adults 19-54
- \$2,000 First Place All Adult Categories (19-54)
- \$5,000 First Place "WORLD CLASS" Northern Singing
- \$5,000 First Place "SOUTHERN CHALLENGE" Singing
- Women's Back-up - No. & So. Styles: \$1000 Winner-Take-All  
*Maximum of 6 Registered with Drum*
- Hand Drum Singing Contest (Saturday Afternoon)**  
Men & Women Combined (No Age Limits) - 1st Place: \$500
- Dancers/Singer Registration: Thurs 10am-3pm, Fri 10am-3pm
- GRAND ENTRIES:** Friday: Noon & 7pm • Saturday: Noon & 6pm
- A FAIR CONTEST FOR ALL DANCERS & SINGERS!



## Miss Indian World Traditional Talent Presentations

Thursday, April 28, 2016  
ALBUQUERQUE CONVENTION CENTER  
401 2nd Street NW (Downtown)  
Showtime at 7 pm Sharp!! Doors Open at 6 pm

- HOSTS:** Lisa Meeches (Canadian TV Personality) Winnipeg, Man. & Jason Whitehouse (Powwow Personality) Madison Hts, MI
- SPECIAL ENTERTAINMENT:** TBA
- TICKETS:** Tickets Sold at Door: \$15 • Doors Open at 6 pm  
Advance tickets at [www.gatheringofnations.com](http://www.gatheringofnations.com)
- Miss Indian World Contestant Applications, Call (505) 836-2810 or Go Online at [www.gatheringofnations.com](http://www.gatheringofnations.com)
- AN ENCHANTING EVENING FOR ALL WHO ATTEND!
- CROWNING OF MISS INDIAN WORLD:** Saturday, 7:30 pm at the Powwow

## TICKETS

- Tickets available at [www.gatheringofnations.com](http://www.gatheringofnations.com) and sold at door.
- One-Day Admission \$18 • Two-Day Pass \$36
- VIP Club Level Seating \$65 (Includes Program Book)
- BUFFALO/VIP Suite Seating \$100 (Private Sky-Box Seating & Program Book)
- Large Group Assistance Call ABQ Hispano Chamber (505) 842-9003
- DISCOUNT COUPONS:** Dancers on GON mailing list will receive a coupon in the mail to present at dancer registration for 2-day discount
- GENERAL PARKING:** Managed and provided by the UNM Athletics Department. Fees associated with UNM parking are NOT established by GON, NOR does GON receive parking fees. HANDICAP parking is available at the event, however it is VERY LIMITED and on a first-come first-serve available basis.

## STAGE 49

Featuring the best in Native American traditional and contemporary music! Check [www.gatheringofnations.com](http://www.gatheringofnations.com) for Tickets and updated schedules & performers. Managed by Emergence Productions

## SPECIAL CONTESTS

- MIDNIGHT SPECIAL - "RELENTLESS WARRIOR"**  
Memorial Contest in Memory of Spike Draper  
Men's Fancy: 1st \$1,000, Paying 4 Places
- "QUEEN OF CONTEMP"**  
Contemporary Women's Jingle Special 18+  
Sponsored by Tonia Hall
- WOMEN'S TRADITIONAL IN HONOR OF MIW 2015**  
\$4000 in Prizes  
Sponsored by Cheyenne Brady Family 2015
- WOMEN'S JINGLE DRESS IN HONOR OF MIW 2015**  
Sponsored by Mia & Spencer Wilkinson, Jr
- TEEN BOY'S STRAIGHT DANCE SPECIAL**  
13-18 Years Old, 5 places  
Sponsored by Darian Adakai & Family
- TEEN GIRL'S WHITE SHAWL SPOTLIGHT SPECIAL**  
1st \$1500, 2nd \$1000, 3rd \$800, 4th \$600  
5th \$400 + Jacket & Blanket, 5 Consolations  
Sponsored by Jayda Gadwa & Family

## TRAVEL

Ask for GON RATE  
Double Tree Hotel, (800) 585-5058 (S19)  
MCM Elegant Hotel, (505) 884-2511 (S91)  
Barcelona Suites Hotel (505) 255-5566  
Home2 Suites (505) 242-0002

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*March 2016*



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Send ideas and suggestions to the Tribal Newsletter @  
[shmillar@iowanation.org](mailto:shmillar@iowanation.org).

Here are some further recommendations: Birthdays,  
Graduations, Veterans info, Events or photos of past  
events, Powwow flyers, Sweethearts / Just  
Married, Baby announcements, Winter/Childhood Stories

Thank you  
for  
readings  
this  
months  
newsletter!

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